

## INFORMATION ON YOUR APPOINTMENT

### Waiting Times

We would firstly like to sincerely apologise about the length of your wait to be seen. We know you have been waiting a long time and understand the impact of delaying medical care.

Before the pandemic we had planned to see you within a year, but COVID-19 has resulted in unprecedented pressures on the whole NHS and many of our services have been unable to operate at their usual capacity, meaning that waiting times are longer. This is not just due to the need to allocate the resources required to treat patients with COVID-19 in our hospitals. Other ways we have been impacted include the need to reduce the number of patients we can see each day in order to maintain social distancing, the result of the extensive additional infection prevention controls implemented in our hospitals, and availability and absences of staff, including cases where staff have needed to self-isolate in accordance with Government guidelines.

We would like to thank you for your patience so far and reassure you that we will contact you as soon as possible with a date for your appointment. We are continually reviewing individual cases to ensure that patients are seen according to clinical priority and prioritising patients who need care more urgently; we ask for your understanding with this.

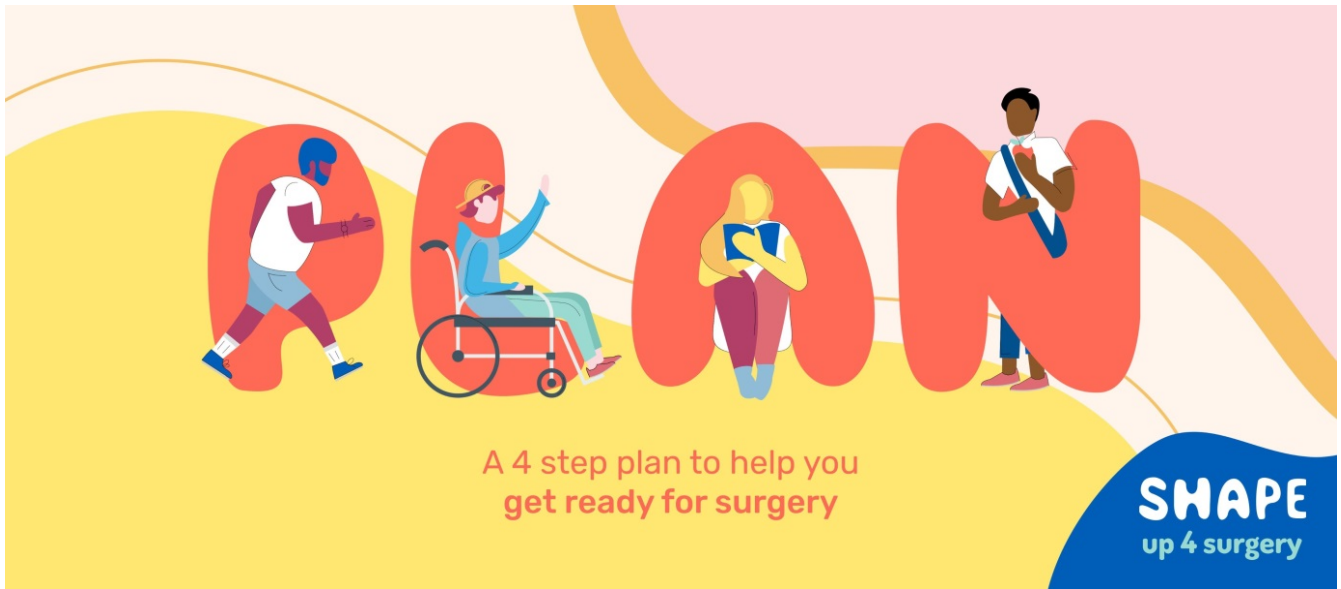
### Your Appointment

If your condition has got worse whilst you have been waiting, or you are worried about new symptoms, please contact us. Our clinical team will review your symptoms and will contact you to make a telephone or outpatient appointment.

For non-urgent advice you can also call NHS 111 – or access the online advice hub that can tell you if you need medical help by visiting: <https://111.nhs.uk/>

Emergency departments are open and treatment is available day and night, seven days a week, in cases where immediate emergency care is needed.

If you think you no longer need an appointment, please contact us using the telephone number on your original appointment letter. This is important, so that we can use that time to see other patients.



## Shape up 4 Surgery

While you are waiting for your surgery appointment there may be steps that you can take that will positively impact on how well your surgery goes and your recovery afterwards.

Our Shape up 4 Surgery resources provide lots of information and advice about how you can get yourself into shape for surgery from moving more to quitting smoking to learning relaxation techniques.

You can find out more on our website at:

<https://www.leedsth.nhs.uk/shape-up-for-surgery/>