

Vascular Anomalies

Patient Initiated Follow Up (PIFU)

Information for patients



Leeds
Radiology

Your doctor has recommended for you to be placed on a Patient Initiated Follow up (PIFU).

This leaflet will explain how PIFU works within the Vascular Anomalies Service. It outlines when to use PIFU, how to request an appointment, and what to do if you need urgent medical help.

What is a PIFU

Patient Initiated Follow Up (PIFU) allows you to request a follow up appointment for yourself when you feel it is needed, rather than attending routine appointments set by the hospital.

PIFU is only for the condition you have already been seen for.

If you become unwell or develop new symptoms, please contact your GP.

Your clinician will discuss PIFU with you if they feel it is suitable.

The benefits of PIFU?

- Reduces unnecessary routine appointments
- Allows you to request an appointment when symptoms flare
- Ensures you are seen based on clinical need
- Helps reduce waiting times for all patients

When should I request a PIFU appointment?

You should contact us if:

- If your symptoms are not improving with current treatment
- You wish to start a treatment previously discussed but initially declined
- You have completed a planned investigation (e.g., scan or blood test) and you were advised to arrange a PIFU appointment

Before you call

Please check:

- Your clinician or clinical nurse specialist (CNS) has placed you on a PIFU pathway
- Your last appointment was within the past 12 months
- You are calling about the same condition you are on PIFU for
- For new symptoms, please contact your GP.

How to request a PIFU appointment

Step 1: Contact us

0113 392 0930 (Clinical Nurse Specialists)

0113 392 2860, 0113 392 5626 (Radiology Secretaries)

Monday to Friday, 8:00am until 4:00pm

Step 2: Ask for

“Vascular Anomalies PIFU appointment.”

Step 3: Provide

Your full name

Date of birth

Hospital or NHS number (if known)

Step 4: Tell us

The date of the last clinic appointment

A brief explanation of why you are requesting PIFU

Step 5: What happens next

Your request will be reviewed by the vascular anomalies team.

You will then either receive an appointment or be given clinical advice/treatment if appropriate.

If you do not contact us within 12 months

If you do not request a PIFU appointment within 12 months you will be discharged back to your GP

Your GP can re refer you in the future if needed.

Urgent medical advice

PIFU is not for urgent problems.

If you need routine medical help, please contact:

Your GP

NHS 111

if seriously unwell please contact:

Your local Emergency Department (A&E) or 999

Contact information

Via telephone:

PIFU appointment bookings:

0113 392 0930 (Clinical Nurse Specialists)

0113 392 2860, 0113 392 5626 (Radiology Secretaries)

Monday to Friday, 8am–4pm

How to get to our department

We are located in the Clarendon Wing, B Floor.

Notes



What did you think of your care?

Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

Scan or click the QR code - Your views matter

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