

# Spironolactone Tablet Concentration

Information for patients, parents  
and carers



Leeds children's  
hospital

caring about children



Yorkshire & Humber  
Congenital Heart  
Disease Network

This leaflet aims to highlight important medication related information to patients, parents and carers to improve medication safety.

## Your child has been given the following medication

- **Spironolactone Tablets 25mg**

This medication will have been explained to you at your child's outpatient appointment or when they were discharged from the ward.

You will need to contact their GP to obtain further supply. We recommend contacting their GP approximately **two weeks** before their medication will run out to allow time for a new prescription to be completed and your local pharmacy to order the medication.

This medication can come in many different strengths. **To reduce the risk of medication errors it is important that your new packet of tablets is the same strength as above. The packet should say Spironolactone 25mg.**

Medication errors can occur when switching between different forms, i.e. from tablets to liquid. Therefore, it is **important that you continue tablets**. If you are unsure, please ask the GP or pharmacist.

For any enquiries, please email or telephone the Children's Cardiac Nurse Specialists.

- **Email:** [ccns.lgi@nhs.net](mailto:ccns.lgi@nhs.net)  
(We aim to reply to all emails within three working days).
- **Telephone:** **0113 392 5467**  
(Monday-Friday 8am-5pm excluding bank holidays).

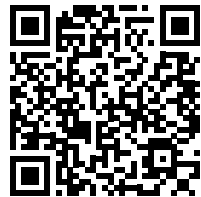
**For further information on Furosemide.  
Please scan or click the QR code or visit**

[www.medicinesforchildren.org.uk/  
wp-content/uploads/sites/8/2025/11/  
Furosemide-to-improve-heart-function.pdf](http://www.medicinesforchildren.org.uk/wp-content/uploads/sites/8/2025/11/Furosemide-to-improve-heart-function.pdf)



**For tips on swallowing tablets.  
Please scan or click the QR code or visit:**

[www.medicinesforchildren.org.uk/  
advice-guides/](http://www.medicinesforchildren.org.uk/advice-guides/)





## What did you think of your care?

**Visit:** [www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/](http://www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/)

***Scan or click the QR code - Your views matter***

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