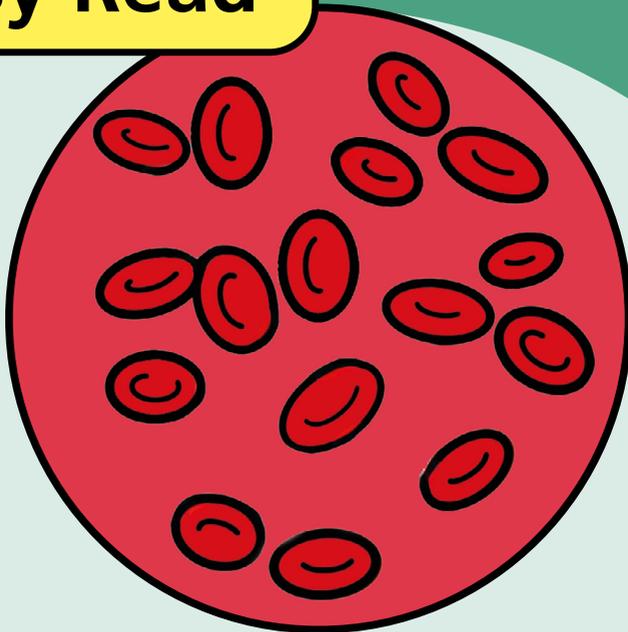


# Anaemia

Information for patients

**Easy Read**



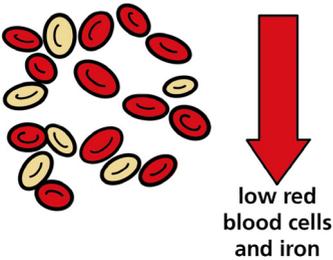
## easy read



This booklet uses easy words and pictures.

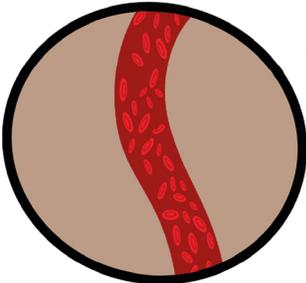
You might want to ask someone to help you read it.

## anaemia



Anaemia is when you have low red blood cells and iron levels in your blood.

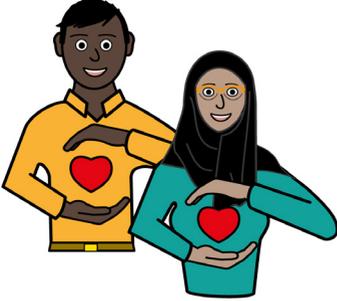
## oxygen



These carry the oxygen around your body.

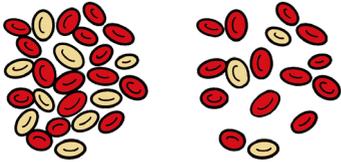
They are very important.

## being well



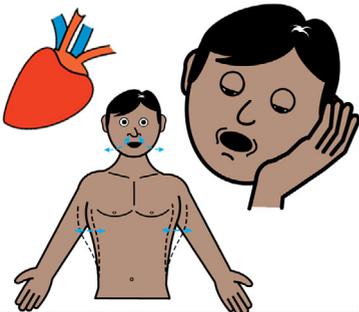
Your organs need oxygen and healthy blood to keep working.

## normal anaemia



There are lots of reasons that people are anaemic.

## tired



Anaemia can cause, tiredness, breathing difficulties and makes your heart work harder.

## taking blood



You will need a blood test to check if you are anaemic.

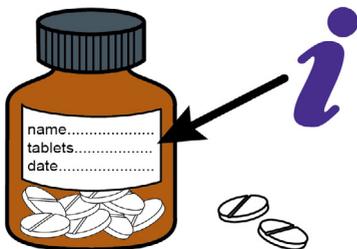
## prescription



If you are anaemic you will need treatment.

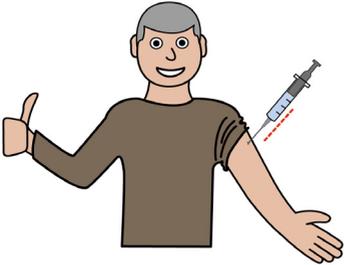
This might be:

## tablets



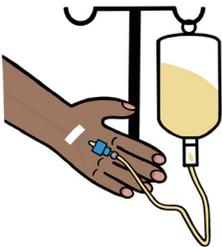
Iron tablets.

## injection



Some people may need hormone injections.

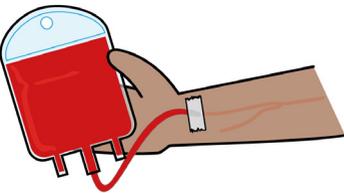
## cannula with iron



Intravenous (IV) Iron, to boost your levels.

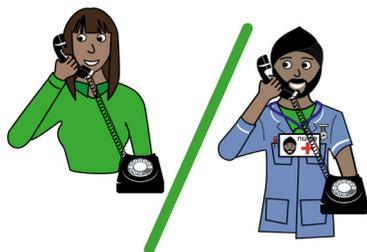
This is given at the hospital.

## blood bag



Some people will have a blood transfusion – this is when you are given blood via an IV drip.

## phone your hospital

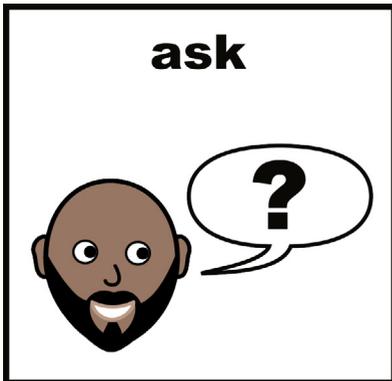


Your nurse will let you know your blood results and if you need treatment.

## easy read



We have other easy reads available to help you understand.



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: [leedsth-tr.ldautism@nhs.net](mailto:leedsth-tr.ldautism@nhs.net)

If you have any questions, please speak to your team.



## What did you think of your care?

Visit: [www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/](http://www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/)

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