

Leeds Wakefield Breast Screening Service: Under Breast Soreness

Information for patients



Leeds
Radiology

This is for people attending their mammogram appointment with under breast soreness.

If you suffer from under breast soreness, please follow the advice below:

- Clean/ wash the area at least three times per day.
- Pat dry.
- Wear a well fitted bra.

The following medication is available without prescription from your local pharmacy/ supermarket. If in doubt ask the pharmacist.

- Canesten/ sudocrem cream.

If the soreness has not improved in 2-3 weeks, consult your GP who may be able to prescribe other medication.

What did you think of your care? Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/ - ***Your views matter***

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Developed by: Laura Tutty, Breast Screening Team Leader / Advanced Radiographer Practitioner
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Consent to continue with the mammogram examination with under breast soreness

- To obtain a mammogram, your breast will have to be physically handled and placed in position on the machine.
- This examination could cause the skin underneath your breast to crack/ split.
- **In the Radiographer's opinion, your screening mammogram should be postponed until your skin condition has improved.**
- If you wish to proceed with the examination, your informed consent is required.

Client

I have read the risks of the examination and consent to the mammogram.

Name:

Date:

Signature:

Radiographer

I confirm that I have explained the risks of the examination.

Signature:

Date:





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