

Vaginal Examination

Information for patients

**Easy
Read**



easy read

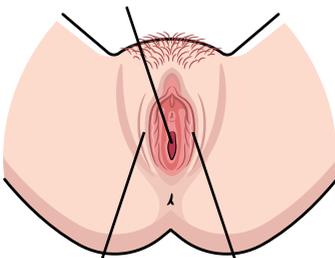


vaginal examination



vagina

Vaginal opening



Labia
majora

Labia
minora

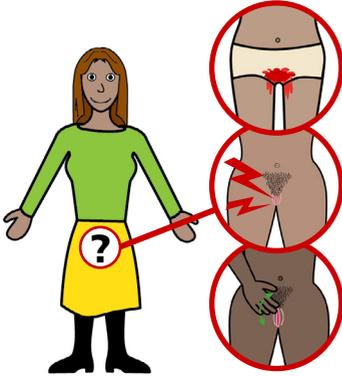
This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

A doctor or nurse has said you need a vaginal examination.

This is where a doctor or nurse looks at the outside of your vagina (the vulva and labia) and the inside.

symptoms



This is to help explain any symptoms or problems you are having.

support



You can bring someone with you to support you.

chaperone



You will always have a member of staff to chaperone during the examination.

remove clothes



treatment chair



looking at vagina

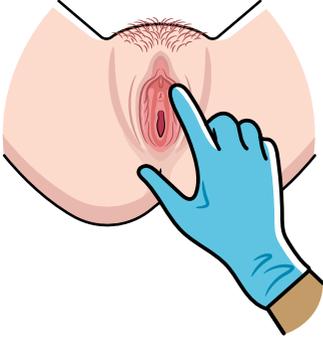


You will be asked to take off your trousers and underwear.

You will be asked to sit in the treatment chair or bed.

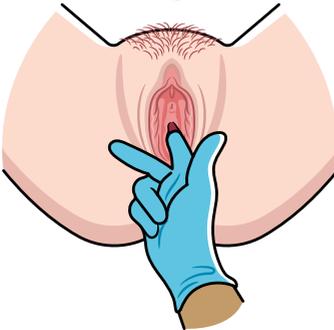
The doctor or nurse will ask you to open your legs and start by just looking at your vagina.

touch the vulva



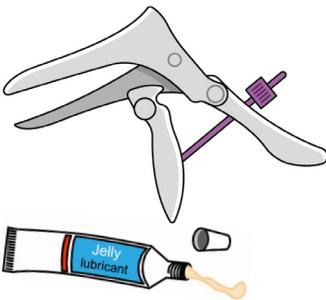
They will need to touch the outside, the vulva.

finger



They might need to put a finger inside the vagina.

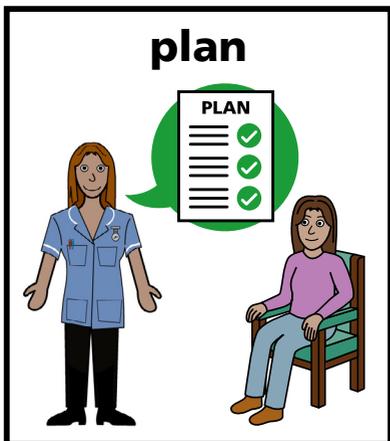
speculum



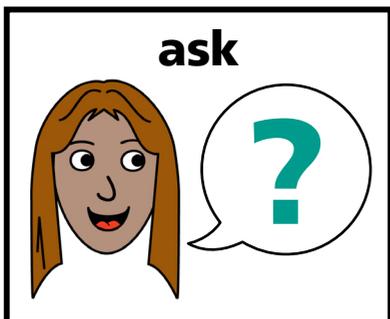
A speculum will be put inside the vagina.

Cold jelly will be put on the speculum to help it go in.

plan



ask



health passport



They will let you know what they see and what will happen next.

If you have any questions, you can ask the staff.

If you have a Learning Disability or Autism diagnosis please complete a **Health Passport** and return it to the Learning Disability and Autism team on:

leedsth-tr.lidautism@nhs.net



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