

Zolendronic Acid treatment for Osteoporosis

Information for patients



Easy Read

easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

Zolendornic Acid



Zolendornic Acid is the name of a drug given to treat osteoporosis.

calcium



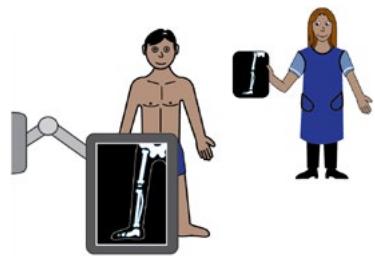
It helps the calcium in your body stick to the bones and strengthen them.

hospital drip



Most people have this as an injection or drip, at the hospital.

x-ray



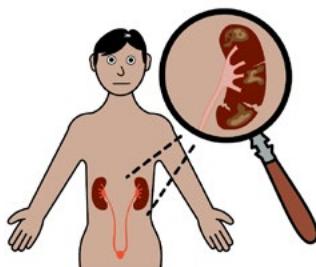
It helps reduce the risk of your bones breaking.

pregnant



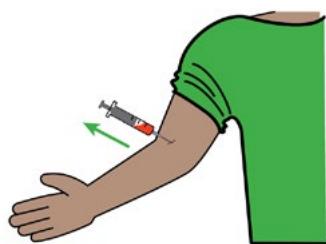
You should not take this drug if you are pregnant or breastfeeding.

kidney damage



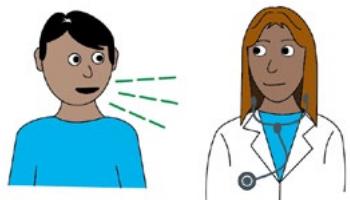
Have severe kidney problems.

blood test



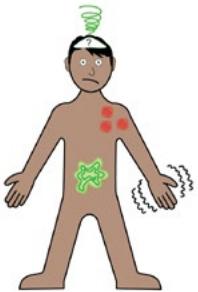
Or low blood calcium levels.

talk to your doctor



Always talk to your doctor before starting any new treatments.

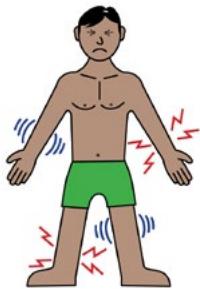
side effects



flu symptoms



aches and pains



Like any drug
Zolendornic acid has
side effects.

Here is a list of some of
the more common ones:

Flu like symptoms

Bone, joint and muscle
aches

heartbeat



Fast or irregular heartbeat

eye swelling



Eye swelling

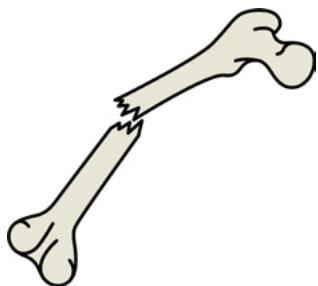
risk



There are some more serious side effects that happen much less often, but you still need to know about.

These are:

broken bone



An unusual break in your thigh bone

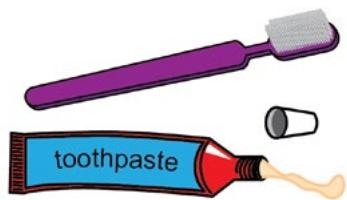
mouth pain



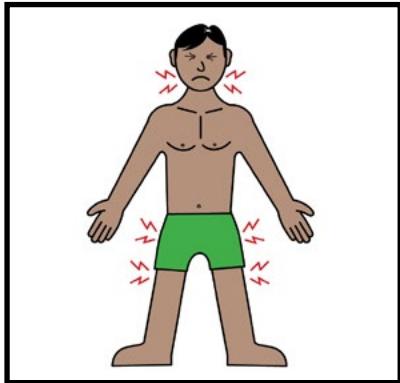
A condition inside your mouth called 'osteonecrosis of the jaw or ONJ'.

This means it takes a long time for your mouth to heal and can cause pain.

brush teeth



Keeping your mouth clean and having regular dental check ups helps.



If you get pain in your thighs, hip area, or jaw, please tell your doctor or nurse.

talk to your doctor



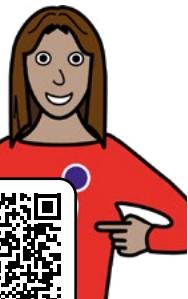
Please report any side effects to your doctor.

ask



If you have any questions, you can ask the staff.

hospital passport



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on:

**leedsth-tr.ldautism
@nhs.net**



What did you think of your care?



Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

Scan or click the QR code - Your views matter