

# Zoledronic Acid treatment for Osteoporosis

Information for patients



**Easy Read**



## easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

## Zoledronic Acid



Zoledronic Acid is the name of a drug given to treat osteoporosis.

## calcium



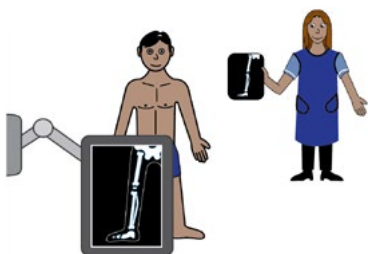
It helps the calcium in your body stick to the bones and strengthen them.

## **hospital drip**



Most people have this as an injection or drip, at the hospital.

## **x-ray**



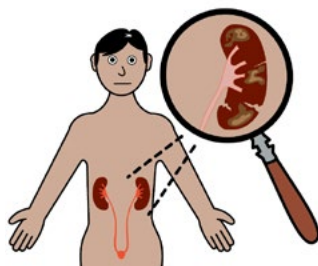
It helps reduce the risk of your bones breaking.

## **pregnant**



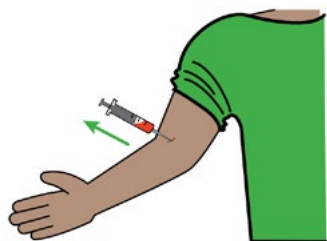
You should not take this drug if you are pregnant or breastfeeding.

## **kidney damage**



Have severe kidney problems.

## **blood test**



Or low blood calcium levels.

## **talk to your doctor**



Always talk to your doctor before starting any new treatments.

## side effects



Like any drug  
Zolendornic acid has  
side effects.

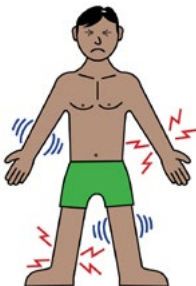
Here is a list of some of  
the more common ones:

## flu symptoms



Flu like symptoms

## aches and pains



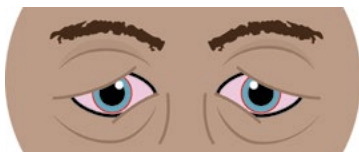
Bone, joint and muscle  
aches

## heartbeat



Fast or irregular  
heartbeat

## eye swelling



Eye swelling

## risk



There are some more  
serious side effects that  
happen much less often,  
but you still need to  
know about.

These are:

## **broken bone**



An unusual break in you thigh bone

## **mouth pain**



A condition inside your mouth called 'osteonecrosis of the jaw or ONJ'.

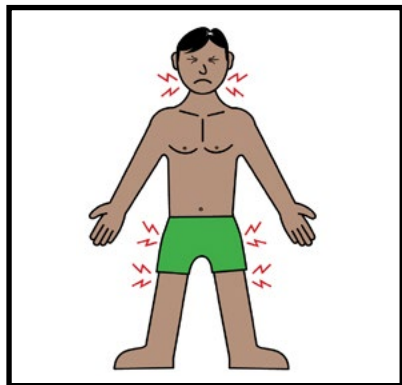
This means it takes a long time for your mouth to heal and can cause pain.

## **brush teeth**



Keeping your mouth clean and having regular dental check ups helps.





If you get pain in your thighs, hip area, or jaw, please tell your doctor or nurse.

**talk to your  
doctor**



Please report any side effects to your doctor.

**ask**



If you have any questions, you can ask the staff.

## hospital passport



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on:

**leedsth-tr.lautism  
@nhs.net**





## What did you think of your care?

Visit: [www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/](http://www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/)

*Scan or click the QR code - Your views matter*