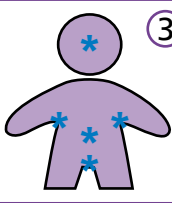


5-day Anti-microbial Decolonisation

Information for patients

Prior to your central venous access device insertion it is important to use the daily body wash and nasal cream provided in the following way.

Body-wash use (daily)

			
Wet the body all over.	Place undiluted cleaning agent onto a clean cloth.	Apply body-wash all over body. Pay extra attention to the starred (*) areas. Also complete 2 hair washes in 5 days	Rinse off. Dry with a clean towel. Wear clean clothes.



Nasal cream (3 times a day)

Apply a small amount of Nasal Cream to each nostril. Pinch nostrils together **DONT** blow your nose for 30 minutes after.

Start date for use:

Body wash + hair	Day 1	Day 2	Day 3	Day 4	Day 5
Daily shower / Body wash					
Shampoo hair					

Nasal treatment	Time of day	Day 1	Day 2	Day 3	Day 4	Day 5
Nasal Cream applied to both nostrils	Morning					
	Afternoon					
	Evening					

Any queries contact J80 - 0113 206 9180

What did you think of your care?

Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

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