

Continuous Ambulatory Peritoneal Dialysis

Information for patients

Easy Read

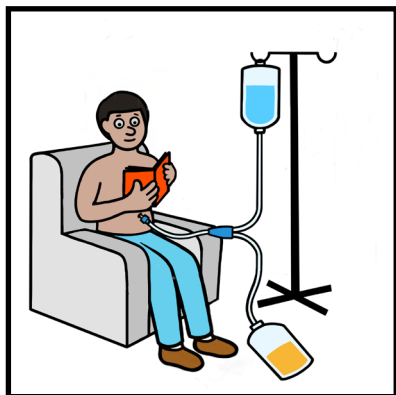


easy read

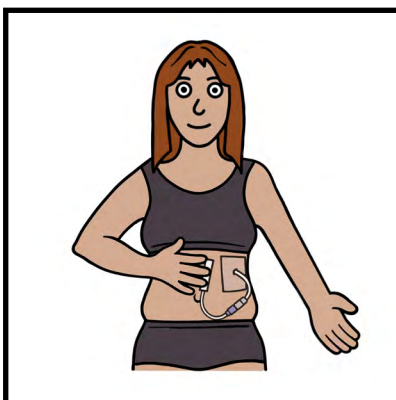


This booklet uses easy words and pictures.

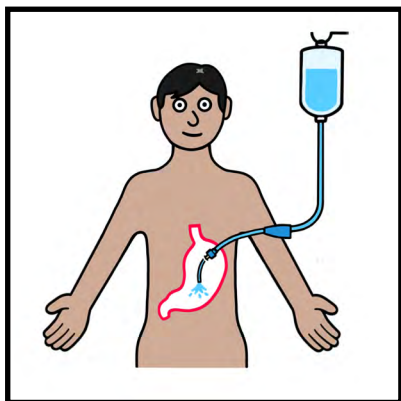
You might want to ask someone to help you read it.



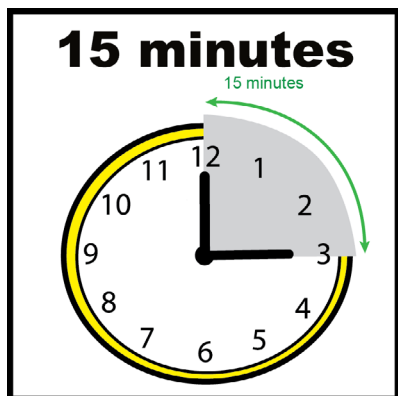
This is called Continuous Ambulatory Peritoneal Dialysis (CAPD)



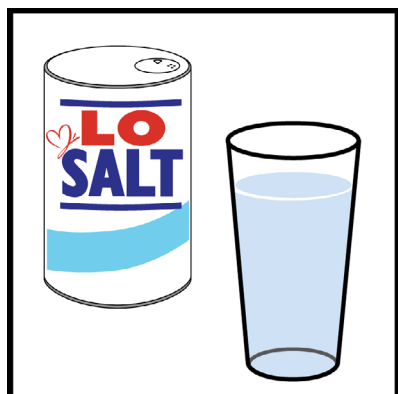
You will have a tube put in your stomach.



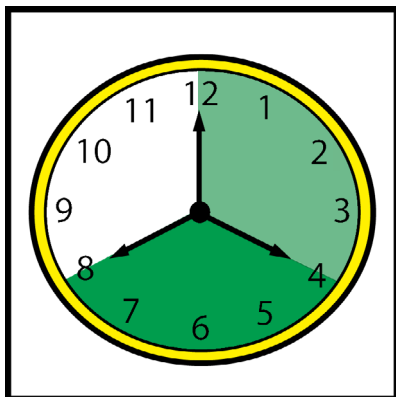
Liquid will be put into your stomach through the tube.



It will take about 15 minutes to put the liquid into your stomach



This liquid will remove extra salt and water from your blood.



You will need to keep this liquid in your stomach for 4 to 8 hours in the day.

activities



It is OK to move around and do your usual activities during this time.

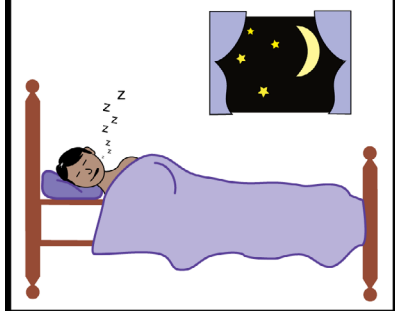
appropriate clothing



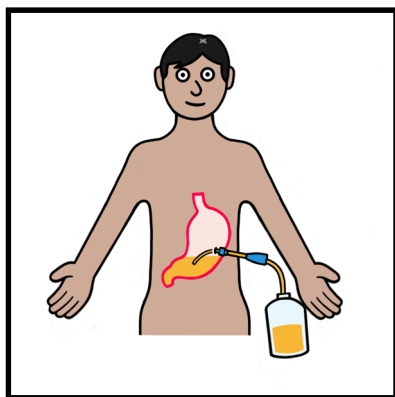
You will feel full.

You might want to wear baggy clothing to be comfy.

sleeping



You will be able to sleep with the fluid in your tummy.



When it has finished, the fluid will be drained out of your stomach.

being well

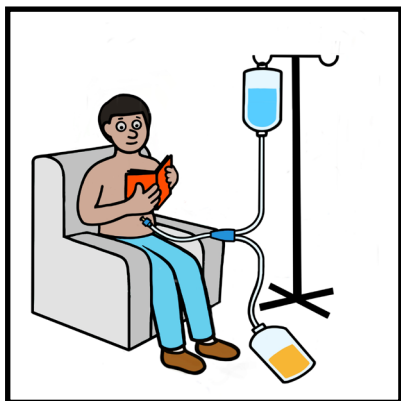


This means your blood will be healthier.

list

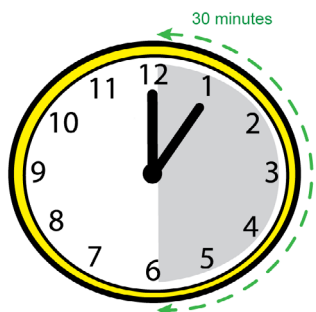


You will need to repeat this 3 to 4 times a day.

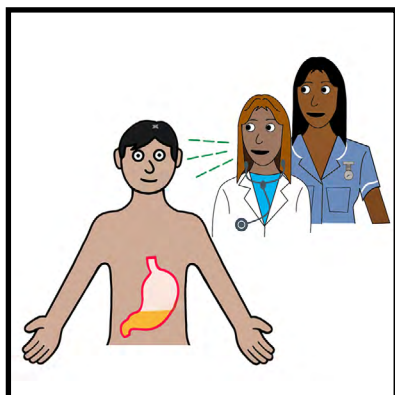


This is called the "exchange", where old liquid is drained and new liquid is put in.

30 minutes



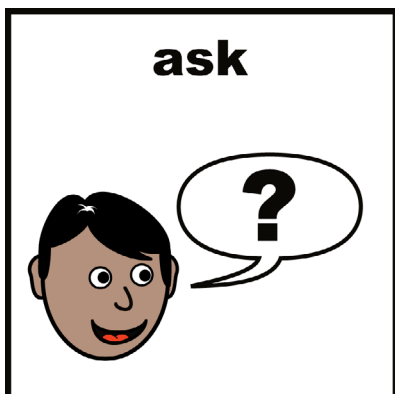
It will take about half an hour to do this.



The doctors and nurse will tell you how long you need to keep the liquid in your stomach, and you how many times you need to “exchange” in a day.



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: leedsth-tr.l autism@nhs.net



If you have any questions, please speak to your team.



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(free from UK Landlines
and Mobiles)



What did you think of your care?

Scan or click QR code, or visit [bit.ly/nhs leeds fft](https://bit.ly/nhs_leeds_fft)

Your views matter

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