Renal - Fistula formation

Information for patients
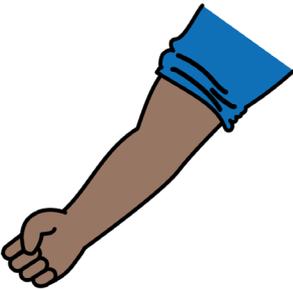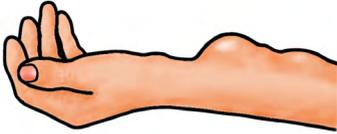
Easy Read

easy read

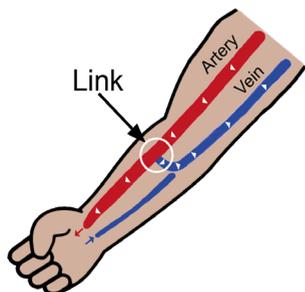This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

fistula

You need a fistula ready for Dialysis,

This is usually in your arm.

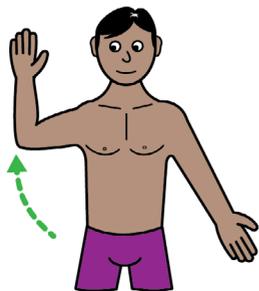The doctor will talk to you about where to form the fistula.

a fistula

Link

Artery

Vein

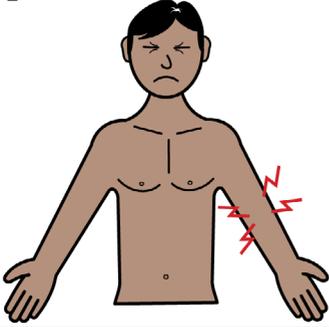They will use your own artery and Vein

better

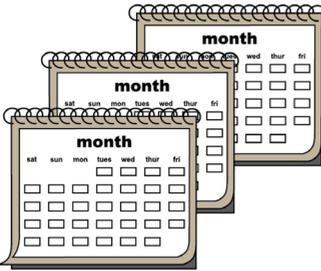This is to make sure you have a reliable access point for dialysis

lift arm

After the operation your arm will be need to be raised above your shoulder.
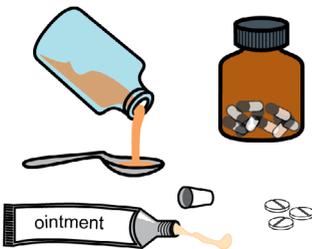
pain in arm

you will need to rest your arm, to stop it getting damaged.

month

It will take 6-12 weeks after the fistula formation until it can be used.

medication

ointment

You will be given pain killers to be taken if needed.

We have other easy reads available to help you understand.
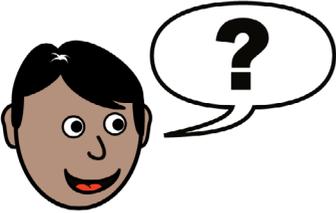

If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: **leedsth-tr.ldautism@nhs. net**

ask

If you have any questions, please speak to your team.

The National Kidney Federation,

The Point, Coach Road, Shireoaks, Worksop, Notts, S81 8BW

Email:
nkf@kidney.org.uk

Telephone:
(01909) 544 999

HELPLINE:
0800 169 0936
(free from UK Landlines and Mobiles)

What did you think of your care?

Scan or click QR code, or visit **bit.ly/nhs leeds fft**

Your views matter