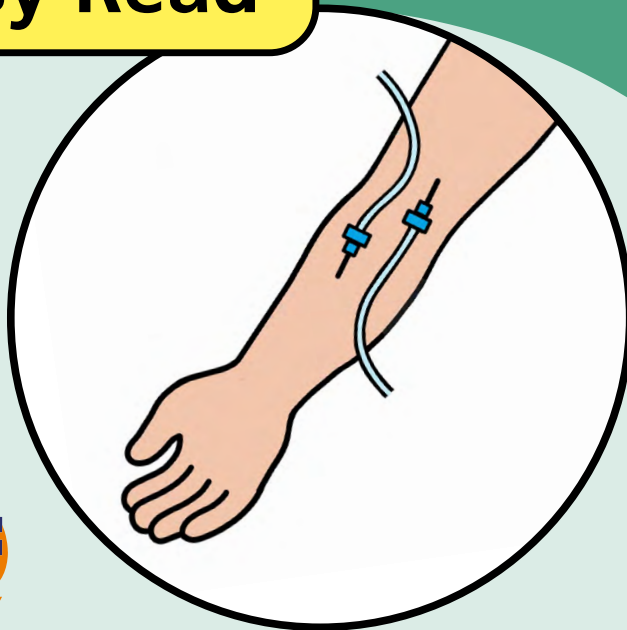


Chronic kidney disease - Haemodialysis (fistula)

Information for patients

Easy Read



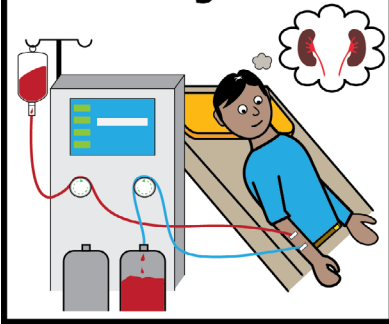
easy read



This booklet uses easy words and pictures.

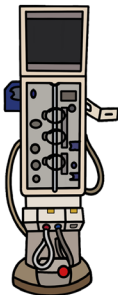
You might want to ask someone to help you read it.

dialysis



Haemodialysis can be done at the hospital or at home.

dialysis machine



You will be connected to a machine which will clean your blood.

comfy chair



You will have a comfy chair to sit in

alternate days



You will have dialysis 3 times a week.

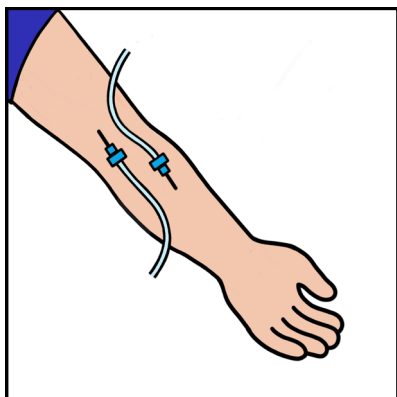
4 hours



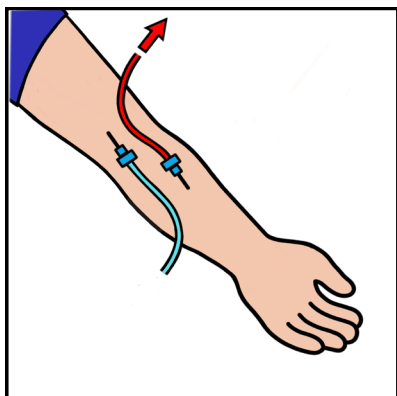
Each session will last 4 hours.



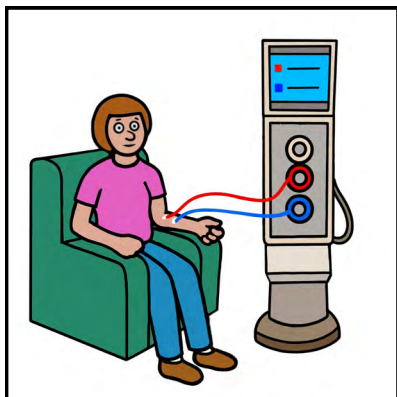
You will have a fistula.



The nurse will place 2 long needles into your fistula (in your arm.)



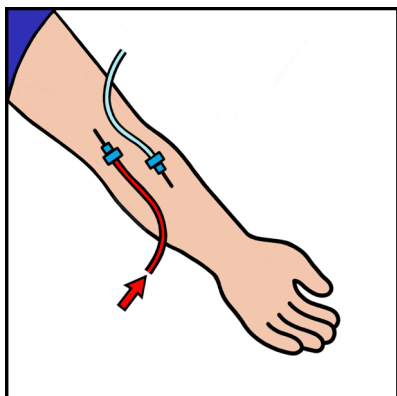
One needle takes blood out of your body and into the machine



The machine will then
clean this blood.



This won't hurt.

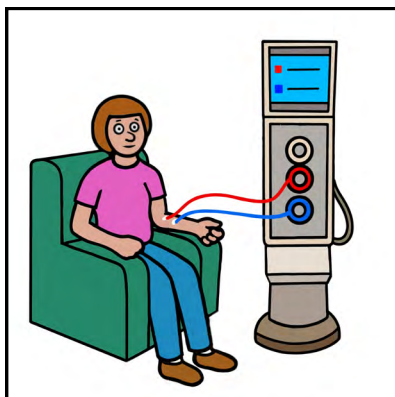


The blood then goes
back into your body
through the second
needle.

activities



You can bring activities to do while you wait.



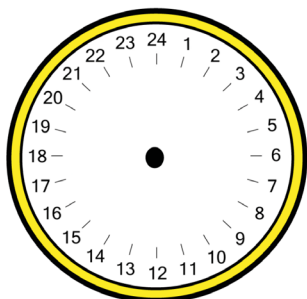
But you need to keep your arm as still as possible.

dressings

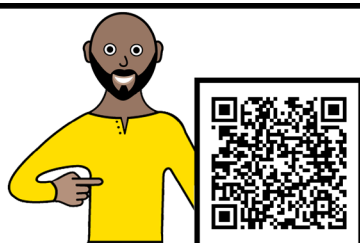


After your session is done the nurse will remove the needles and cover your fistula again.

time



easy read



Get me? Get Me Better!



Hospital Passport

My name is

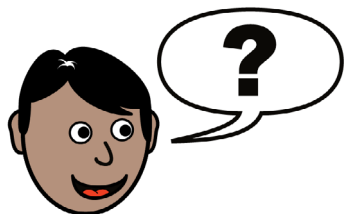
I like to be called

24 hours after your dialysis session, you can take your dressings off

We have other easy reads available to help you understand.

If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: **leedsth-tr.lautism@nhs.net**

ask



If you have any questions, please speak to your team.



The National Kidney Federation,

The Point, Coach Road,
Shireoaks, Worksop, Notts,
S81 8BW

Email: nkf@kidney.org.uk

Telephone: (01909) 544 999

HELPLINE:

0800 169 09 36 (free from
UK Landlines and Mobiles)



What did you think of your care?

Scan or click QR code, or visit [**bit.ly/nhs leeds fft**](https://bit.ly/nhs_leeds_fft)

Your views matter

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