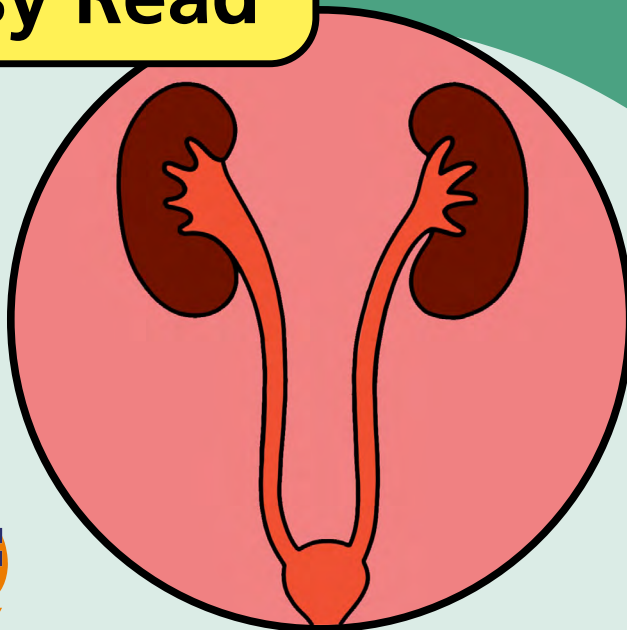


Kidneys - How do they work, what do they do?

Information for patients

Easy Read



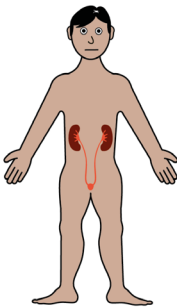
easy read



This booklet uses easy words and pictures.

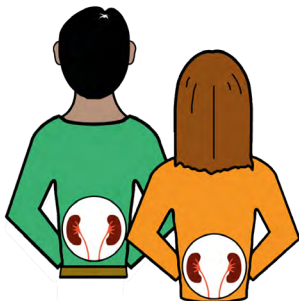
You might want to ask someone to help you read it.

kidney



Most people have 2 kidneys.

kidney care



Kidneys look shaped like a bean.

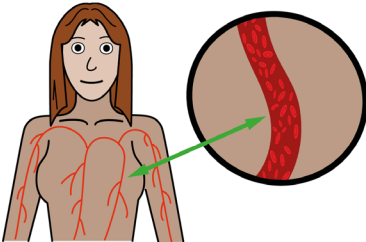
They are positioned under the lower ribs at the back of your body.

what do your kidneys do



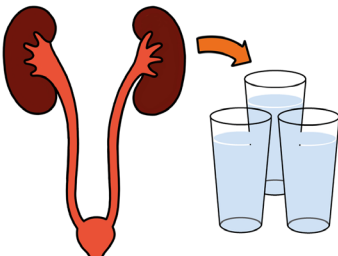
A healthy kidney works like a filter

clean blood

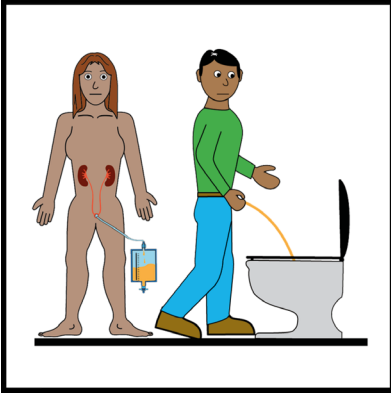


They clean the Blood of any waste products.

fluids



They remove extra fluid to keep the body in balance.

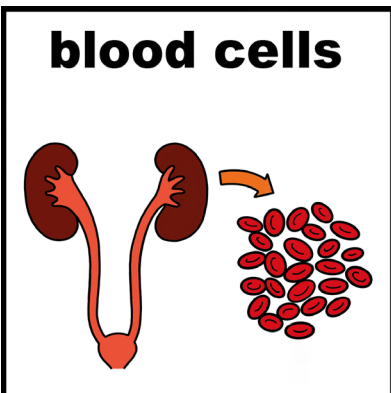


They do this by making urine.



blood pressure

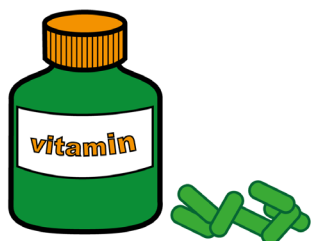
They help to control Blood Pressure



blood cells

They help make red blood cells

vitamin



And process Vitamin D. This helps keep your bones healthy

easy read



We have other easy reads available to help you understand.



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: leedsth-tr.lautism@nhs.net

If you have any questions, please speak to your team.



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0800 169 0936
(free from UK Landlines
and Mobiles)



What did you think of your care?

Scan or click QR code, or visit [bit.ly/nhs leeds fft](https://bit.ly/nhs_leeds_fft)

Your views matter

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