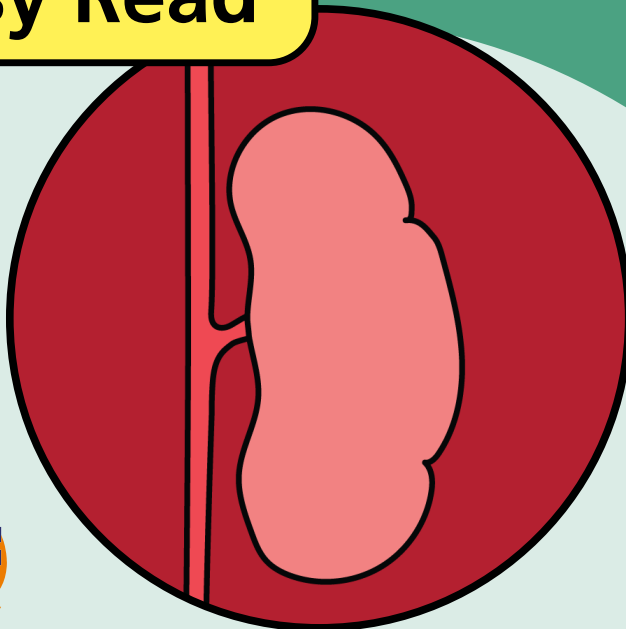


Chronic kidney Disease - Conservative Management

Information for patients

Easy Read



easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.



Conservative management means your kidneys will not get better. Treatment focuses on you and your quality of life.

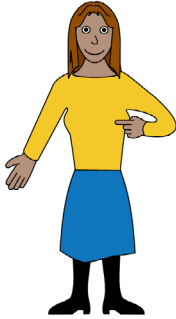
dialysis



You might not have, or you might stop dialysis.

You might not want to wait for, or be well enough for, a kidney transplant.

about me



risk



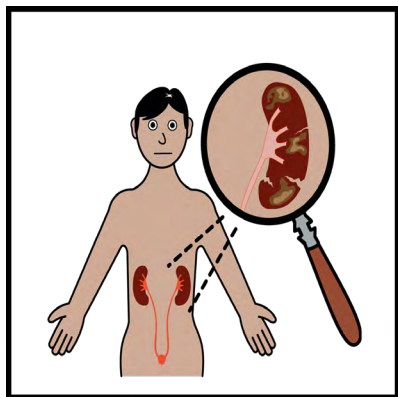
palliative care



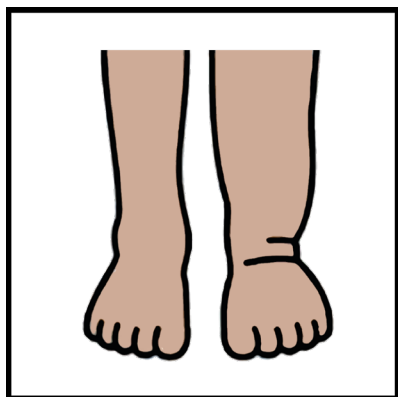
You, and your team, have decided what will be best for you

With your medical team you will think about all the risks and benefits of the treatment options.

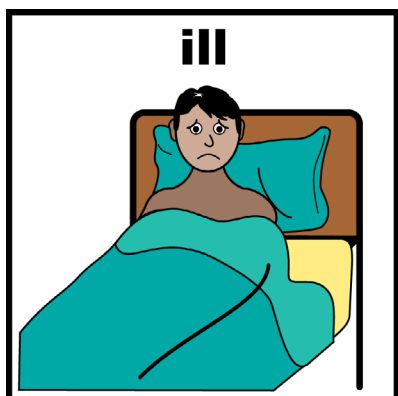
This means your condition is palliative.



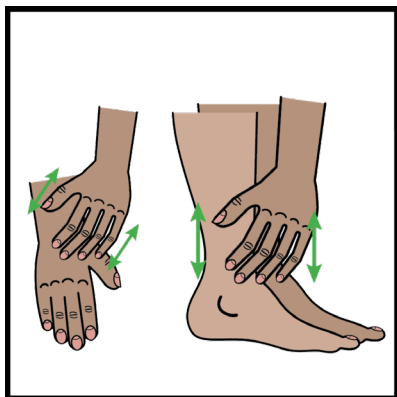
As your kidneys fail you might have symptoms of



Fluid build up around your ankles causing swelling.



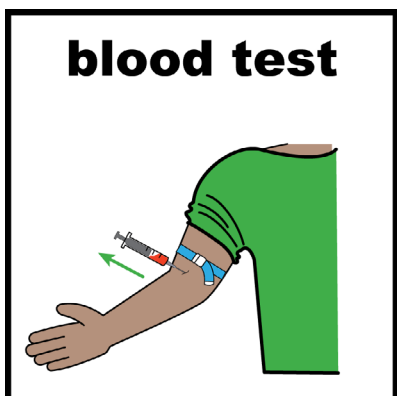
Nausea- feeling sick



You might notice your skin is itchy.

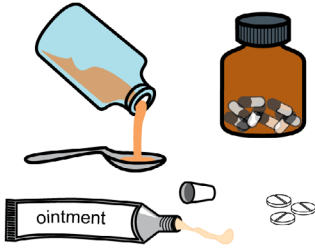


Tiredness



You will have regular blood tests.

medication



The staff team will give you medications to help with any symptoms you are having.

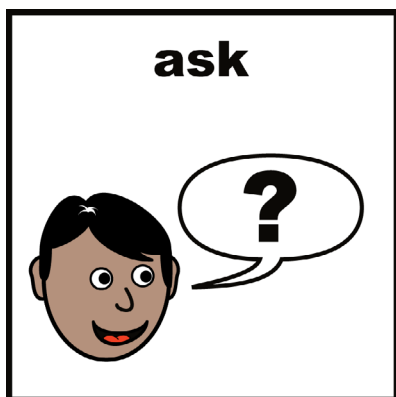


And clinic appointments to check how you are doing.

care planning



They will support you to plan for the future.



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: leedsth-tr.ldautism@nhs.net

If you have any questions, please speak to your team.



The National Kidney Federation,

The Point, Coach Road,
Shireoaks, Worksop, Notts,
S81 8BW

Email:

nkf@kidney.org.uk

Telephone:

(01909) 544 999

HELPLINE:

0800 169 0936
(free from UK Landlines
and Mobiles)



What did you think of your care?

Scan or click QR code, or visit [bit.ly/nhs leeds fft](https://bit.ly/nhs_leeds_fft)

Your views matter

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