

Outpatient Videofluoroscopy *(or a video swallow)*

Accessible Information for hospital
patients, family and carers



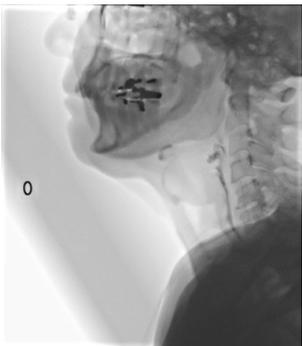


What is a videofluoroscopy?

A videofluoroscopy is a **moving x-ray**.



It takes x-rays to see how you **swallow** food and drink.



Having an x-ray is like having a **photograph** taken.

An X-ray takes pictures of **inside your body**.



Why do I need a videofluoroscopy?

To look at how **safely** you swallow.

To plan your swallow therapy.



Where will the videofluoroscopy happen?

The x-rays will be taken at the **hospital**.



Who will be there?

Speech and Language Therapists

- They help with swallowing problems.



A Radiographer
- a person who
takes x-rays.



**What will
happen in the
videofluoroscopy?**

You will tell **reception**
who you are.



You will **wait** in the
waiting area.



You will go into the x-ray room with the staff.



You will **sit** on the chair next to the x-ray machine.



A Speech and Language Therapist will give you **food** or **drink**.



The food will be mixed with a special powder called **barium** that will show up on the x-rays.



The radiographer will take **x-rays** when you swallow food or drink. It will not hurt.



Your Speech and Language Therapist will **talk** to you, your family member, friend or carer about your swallow **x-rays** the next day.



You can then go **home**.

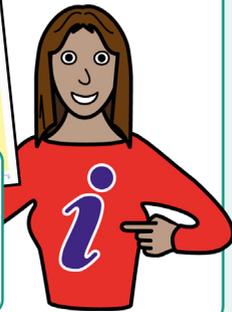
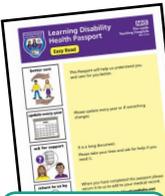
Contact Details

If you have concerns or questions, please:

- Speak to your Speech and Language Therapist
- Telephone Speech & Language Therapy:



Tel: 0113 20 64087



If you have a Learning Disability or Autism please complete a **Health Passport** and return it to the Learning Disability and Autism team on:



**Email: leedsth-tr.
ldautism@nhs.net**



What did you think of your care?

Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

Scan or click the QR code - Your views matter



© The Leeds Teaching Hospitals NHS Trust • 1st edition Ver 1.0
Developed by: Bryony Stevens, B7 Instrumental Lead Speech and Language
Therapist. All images / Resources Copyright © LYPFT easyonthei
Produced by: Medical Illustration Services • MID code: M20240723_013/DG

LN005866

Publication date
02 / 2026
Review date
02 / 2029