The Leeds Teaching Hospitals
NHS Trust

In-patient Videofluoroscopy

(or a video swallow)

Accessible Information for hospital patients, family and carers

Adult Therapies and Psychological Services

What is a videofluoroscopy?

A videofluoroscopy **is a moving x-ray.**

It takes x-rays to see how you **swallow** food and drink.

Having an x-ray is like having a **photograph** taken.

An X-ray takes pictures of **inside your body**.

Why do I need a videofluoroscopy?

To look at how **safely** you swallow.

To plan your swallow therapy.

Where will the videofluoroscopy happen?

The x-rays will be taken at the **hospital**.

Who will be there?

Speech and Language Therapists - They help with swallowing problems.

A **Radiographer** – a person who takes x-rays.

What will happen in the videofluoroscopy?

A porter will bring you from the ward.

You will **wait** outside the room.

You will go into the x-ray room with the staff.

You will **sit** on the chair next to the x-ray machine.

A Speech and Language Therapist will give you **food** or **drink**.

The food will be mixed with a special powder called **barium** that will show up on the x-rays.

The radiographer will take **x-rays** when you swallow food or drink.

It will not hurt.

A porter will take you back to your ward.

Your Speech and Language Therapist will **talk** to you, your family member, friend or carer about your swallow **x-rays** the next day.

Contact Details

If you have concerns or questions, please:

- Speak to your Speech and Language Therapist
- Telephone Speech & Language Therapy:

Tel: 0113 20 64087

If you have a Learning Disability or Autism please complete a **Health Passport** and return it to the Learning Disability and Autism team on:

Email: leedsth-tr.ldautism@nhs.net

What did you think of your care?

Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

Scan or click the QR code - Your views matter

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