

Attending for my child's X-ray

Information for parents and carers



Leeds children's
hospital

caring about children

The information outlines the examination and what to expect during an X-ray examination.

Why does my child need an X-ray?

Your child is having an X-ray so that the doctor or healthcare practitioner can either make a diagnosis or monitor your child's condition. The doctor or healthcare practitioner should have explained why the X-ray is being performed.

What does my child need to do before attending for their X-ray?

- There is no special preparation before an X-ray appointment
- Do not stop your child taking any prescribed medication
- They can eat and drink as normal
- The examination will take up to 30 minutes.

Do I need to bring anything?

No, however if your child has a special toy, blanket or book you can also bring this for comfort. iPads are available for your child to watch or play.

Who will perform the examination?

A Radiographer will carry out the X-ray. They may be helped by Radiographer Assistant. Occasionally we will have Student and Apprentice Radiographers present who will be training.

What will happen during the X-ray?

- You will be able to accompany your child for their examination.
- The Radiographer will ask you or your child to confirm some details.
- You may be asked about the biological sex of your child assigned at birth and if there is the possibility of pregnancy. This information will ensure we can safely perform the examination and may also assist with their diagnosis.
- Your child may be required to remove some clothing and any jewellery and change into a hospital gown.
- Your child may be asked to stand, sit, or lay down flat for their X-ray. The Radiographer will guide your child into the correct position for the X-rays required, this may take a few minutes.
- Your child may be instructed to breathe in and hold their breath, this will only be for a short time.
- We may ask you to assist during the examination. If so we will ask you to wear a lead apron and will ask if there is a possibility that you are pregnant.

What happens after the X-ray?

- You and your child will be able to leave as soon as the X-ray is complete.
- The results will be sent electronically to the doctor or healthcare professional that referred your child for the examination within two weeks.

Are there any associated risks?

- X-rays are a type of radiation. Scan the QR code for more information about radiation and benefits of the X-ray examination.



I am pregnant can I stay with my child?

Yes you can come into the X-ray room and watch; however we will need you to bring someone else who can stay next to your child during the examination.

Can I bring my other children to the examination?

The trust is unable to take responsibility to look after children under the age of 16. We politely request that parents/carers find alternative childcare arrangements during your appointment time. Failure to follow this instruction may result in your appointment being rearranged.

Contact Details

If you require any further information or support for your examination please contact us:

Appointment Queries: **0113 733 4974**



Please visit www.lchtv.com/xray to access videos about having an X-ray at Leeds Children's Hospital

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