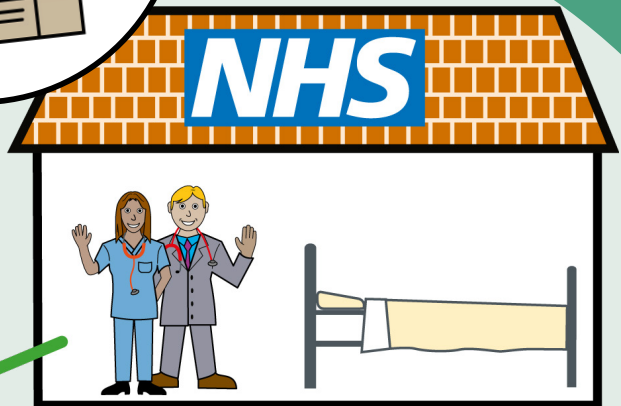


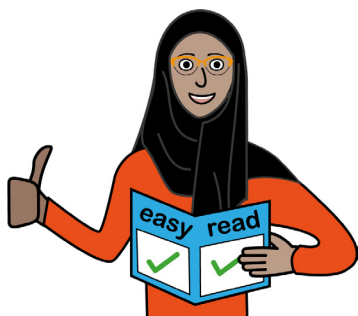
Criteria Led Discharge

Information for patients,
carers and relatives

**Easy
Read**



easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

leave hospital



A senior doctor will agree with you when you will be ready to leave hospital.

set goals

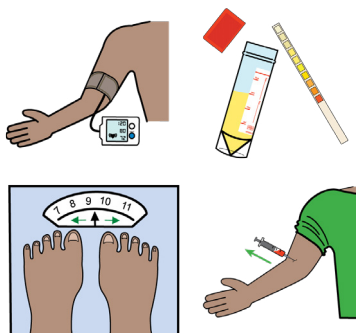


You will set some goals you must achieve before leaving.

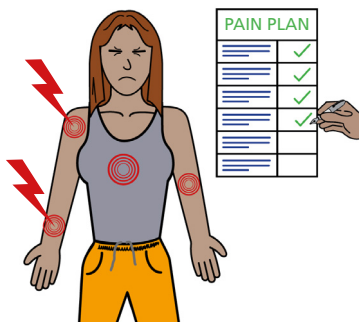
food and drink



tests and plan



pain



Some goals can be:

You have eaten and had something to drink.

All your test results are back and there is a plan for you.

Your pain is under control or there is a clear plan.

different goals



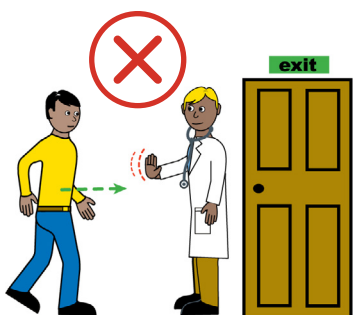
Everybody's goals are different.

easy read



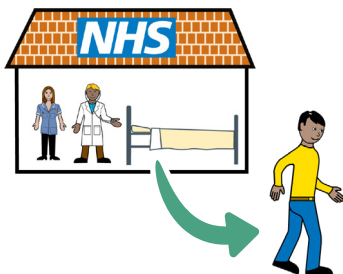
You can ask the doctor to write your goals down using Easy Read and pictures to help you understand them.

leave hospital



Having these goals set out means you do not always need to see a doctor before leaving hospital.

leave hospital



It means, sometimes you can leave hospital more quickly.

understand plan



Before you leave hospital you must:

1. Understand the plan, including if you need any more appointments at hospital.
2. Know if you have any new or different medications.

medication



medication



3. Understand how and when to take these medications.

support



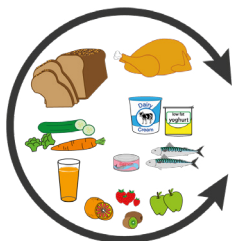
4. Have the right support once you leave.

keys



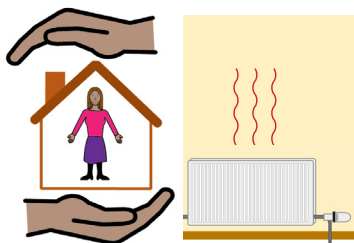
If you are going home please make sure you have your keys.

food / drink



That you have some food and drinks at home.

warm and safe



That your home is warm and safe.

safe at home



Please let staff know if you do not feel safe at home.

ask



If you have any questions, you can ask the staff.

health passport



If you have a Learning Disability or Autism diagnosis please complete a **Health Passport** and return it to the Learning Disability and Autism team on:

leedsth-tr.laautism@nhs.net

easy read leaflets



We have other easy reads to support you. Scan or click this QR code to see our range of easy read leaflets.



What did you think of your care?

Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

Scan or click the QR code - Your views matter



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Produced by: Medical Illustration Services • MID code: M20240607_015/DG

LN005853

Publication date
01 / 2026
Review date
01 / 2029