

# Taking Medicines for Heart Failure

Information for patients,  
carers and relatives

**Easy  
Read**



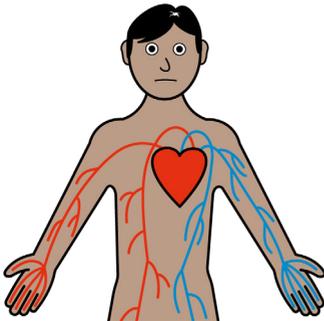
## easy read



This booklet uses easy words and pictures.

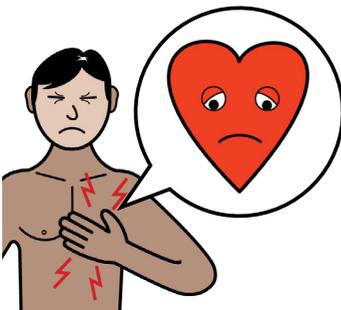
You might want to ask someone to help you read it.

## heart



There is a problem with your heart – it is not pumping properly.

## heart failure



This is what we call heart failure.

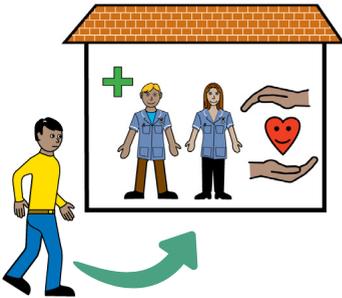
## medicine



There are medicines that can help the heart to work better.

These medicines might make you feel better too.

## appointment



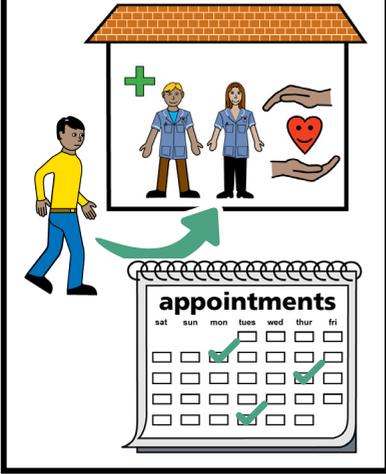
You will be given an appointment to meet a heart nurse or doctor.

## medicines



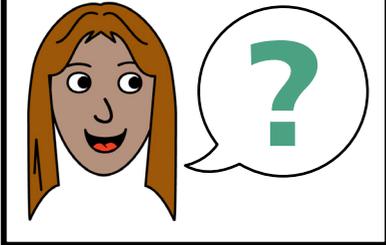
They might suggest some new medicines to help you.

# appointment



You might have to go to several appointments to get on the right group of medicines.

# ask



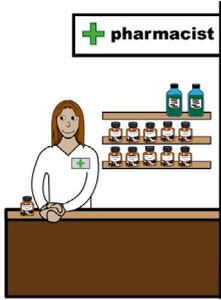
If you have questions or worries about your medicines, you can ask your doctor or nurse.

# take medication



Once you are on the right medicines, you should keep taking them as instructed.

## pharmacist



Every year your pharmacist should check your medicines to make sure you are taking the right tablets.

## change medicine



If you become more ill in the future, your medicines may be changed to try to help.

## tell doctor



If you don't want to take any of your medicines you should contact your doctor or nurse so you can talk about it together.

## stop medication



## contact nurse



## contact heart nurse team



If you have been sick or having diarrhoea, some of your medicines may need to be stopped for 1 or 2 days.

You can call your heart nurse for advice if this happens.

Thank you for reading our leaflet.

If you have any questions please call the heart nurse team in Leeds on:

**0113 392 6420**

## hospital passport



## easy read leaflets



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on:

**leedsth-tr.ldautism@nhs.net**

We have other easy reads to support you. Scan this QR code to see our range of easy read leaflets.





## What did you think of your care?

Scan the QR code or visit [bit.ly/nhsleedsfft](https://bit.ly/nhsleedsfft)

*Your views matter*



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