

# Keeping Safe - preventing falls in hospital

**Easy  
Read**

## care for you



You are more at risk  
of having a fall in  
hospital.

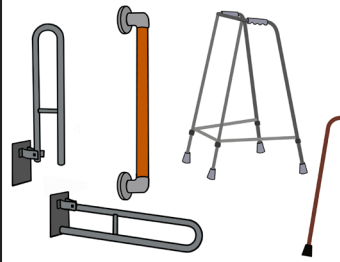
We want to keep  
you safe.

## unsafe



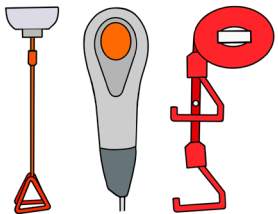
Let staff know  
if there are any  
hazards or spills.

## grab rails



Use your own  
walking aids and  
the grab rails to  
help you move  
around.

## call for help



Use the call bell to  
ask for help if you  
need it before you  
get up to walk.



The red cords in all  
toilets are call bells.  
Pull it if you need  
help.