

Welcome to the Acute Hospital

Information for patients

**Easy
Read**



easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

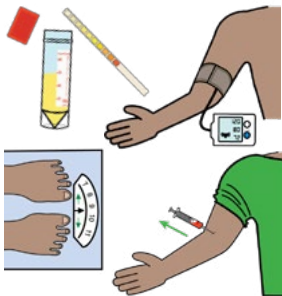
friendly staff



Our friendly staff want to keep you safe.

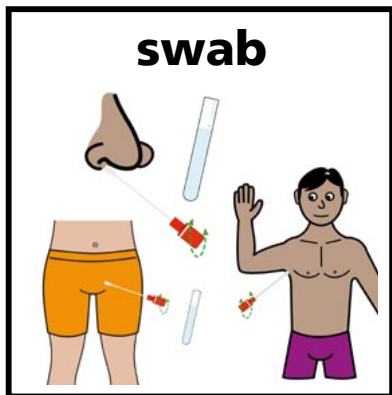
All our staff will be wearing name badges.

tests



Whilst in hospital we may want to do some tests to find out what is happening with your body.

swab



We may need to take swabs from your nose, armpit or groin to check if you have any infections.

medicine



We may need to give you some medicines to help.

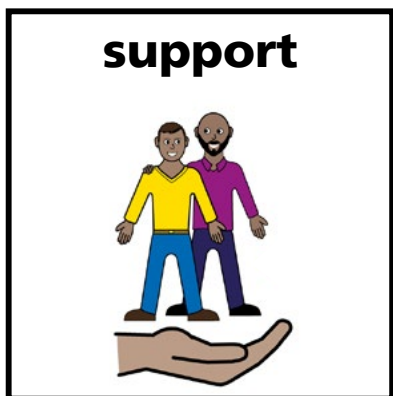
therapy



We may suggest some therapy.



Please ask our staff if you do not understand anything.



You can have someone with you for support.



You can bring in some sensory and occupation items to help you manage in hospital.

Please only bring essential items.

flowers



To help keep the hospital easy to clean and safe, please do not bring flowers onto the wards.

wash hands



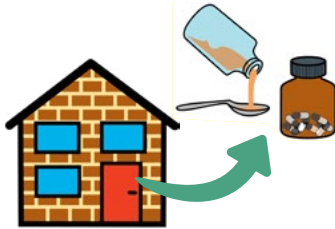
Please wash your hands often when in hospital.

about me



Things you can do to help yourself in hospital.

medicines from home



Please bring your medicines from home or ask someone to bring them in.

allergies



Tell staff if you have any allergies.

toilet trouble



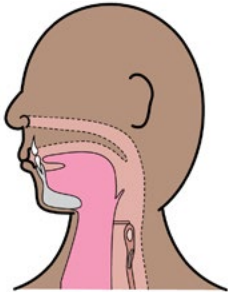
Tell staff if you are having trouble going to the toilet.

lost weight



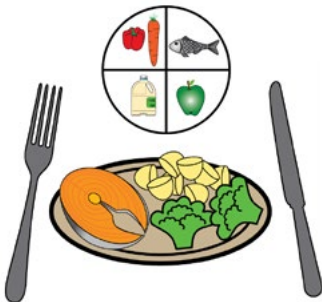
Tell staff if your weight or eating habits have changed recently.

swallow



Tell staff if you have any swallowing difficulties or any changes to your swallow.

special diet



If you have been told to eat a special diet or thickened fluids please share this with staff.

wheelchair / walking aids



Bring in your wheelchair or walking aids from home.

glasses and hearing aids



Wear your glasses and hearing aids if you need them.

label items



Please label all items you bring in, with your name and address.

slippers or shoes



Wear slipper or shoes that fit well and grip the floor.

fall



Tell staff if you have had a fall recently or if you feel dizzy or unsteady.

physical or domestic abuse



Please tell staff if anyone is hurting you or you do not feel safe at home.

feeling unwell



Tell staff if you think you may have an infection that could spread.

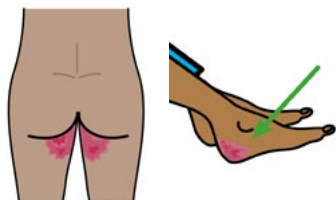
Like flu or diarrhoea and vomiting.

been in contact



Or if you have been in contact with anyone that has an infection.

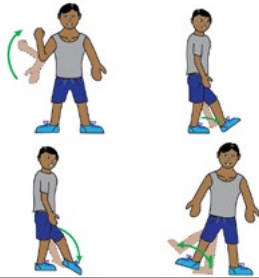
pressure sores



Please tell staff if you have been told you have a pressure sore.

Or you had one in the past.

keep active



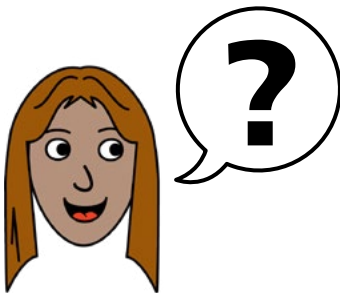
It is important to keep active and to stick to your usual routine where possible.

clothes & toiletries



Bring your toiletries and clothes so you can get washed and dressed daily.

ask



If you have any questions, you can ask the staff.



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Developed by: Kathleen Smith • Quality Improvement Clinician for Learning
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Produced by: Medical Illustration Services • MID code: M20240117_001/BP

LN005779
Publication date
09/2025
Review date
09/2028