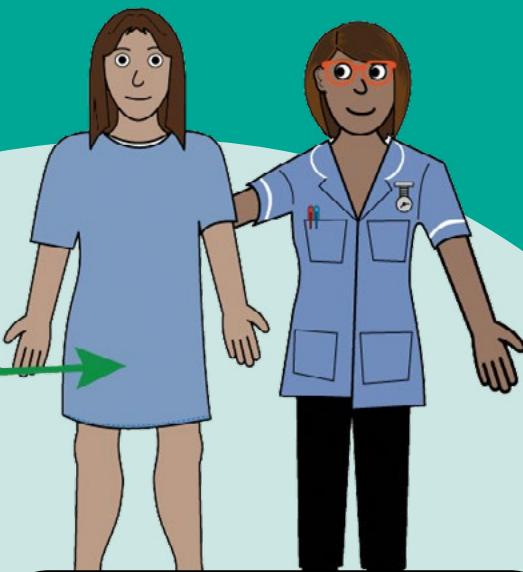
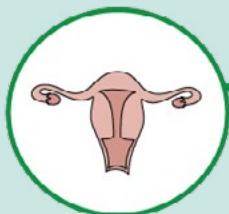


Having a Hysteroscopy

Information for patients

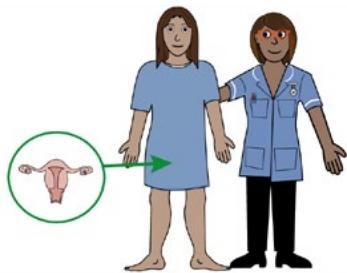


Easy Read

easy read



hysteroscopy



doctor idea



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

A hysteroscopy is a test to look inside your womb.

A doctor has said you need this to help explain your symptoms.

support at home



assessment



You should have someone to take you home.

urine sample



You might need to give a wee sample to be tested for pregnancy or infection.

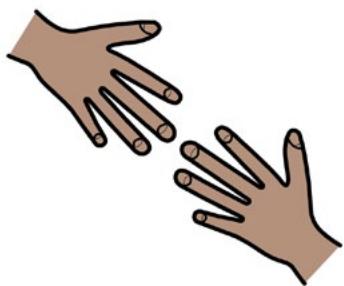
examination room



ultrasound



help

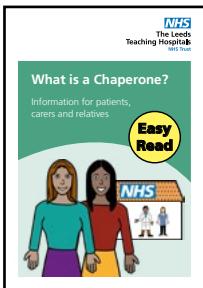


You will go into a clinic room for the procedure.

You will have an ultrasound scan first - we have another leaflet about this procedure.

You can have someone with you for support.

chaperone



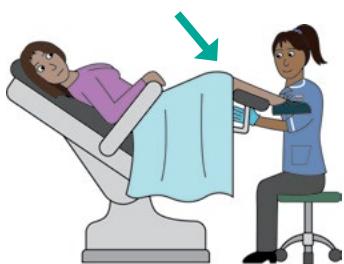
The hospital will offer a staff member to chaperone.

remove clothes



You will need to take your clothes and underwear off from the waist down.

leg support



Your legs will be put into supports that lift them up and apart.

speculum



Sometimes a speculum might be used.

A speculum may be put into your vagina to help open it, so they can see better.

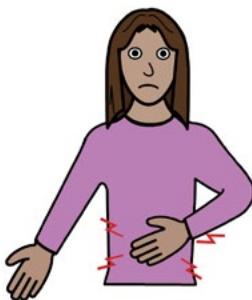
sample test



Sometimes they can do simple procedures at the same time, like:

Take a sample or change a contraceptive coil.

tummy ache



This procedure can be uncomfortable.

Some people might get tummy cramps.

what medicine



strong medicine



recovery



You can take simple pain killers before and after the procedure.

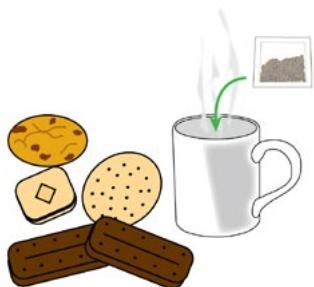
Always follow the instructions on the packets.

Some people need stronger painkillers during the procedure.

Please ask staff.

After the procedure you will go to an area to rest.

rest area



After the procedure you will go to an area to rest and be offered a drink and biscuits.

support



You will need to go to the toilet before you go home.

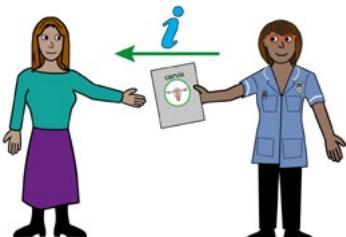
sitting on toilet



Sometimes it can feel sore to wee for a little while afterwards.

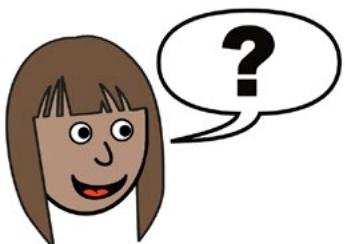
Tell your nurse if you are worried.

information from nurse



The staff will let you know what happens next and if you need another appointment.

ask



If you have any questions, you can ask the staff.



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: leedsth-tr.liautism@nhs.net



What did you think of your care?

Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

Scan or click the QR code - Your views matter



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