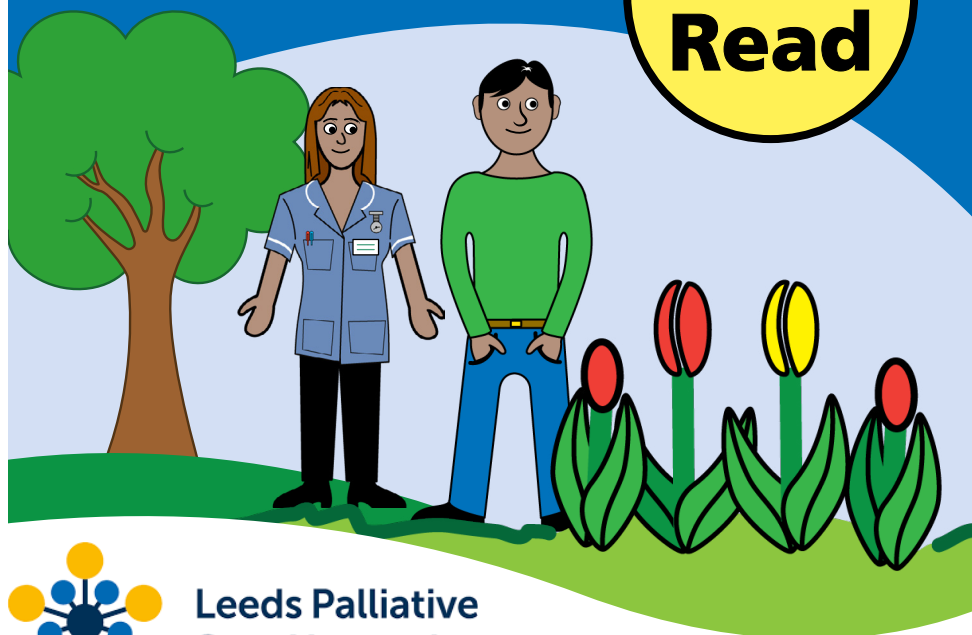


**End of life care and support in Leeds**

# What is Palliative and End of Life Care?

Information for patients,  
carers and relatives

**Easy  
Read**



**Leeds Palliative  
Care Network**

## easy read



This booklet uses easy words and pictures.

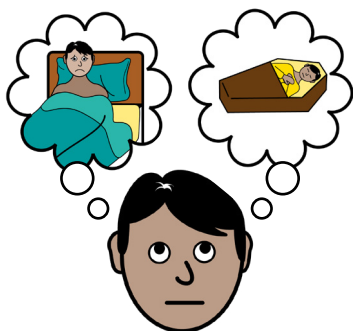
You might want to ask someone to help you read it.

## live until old



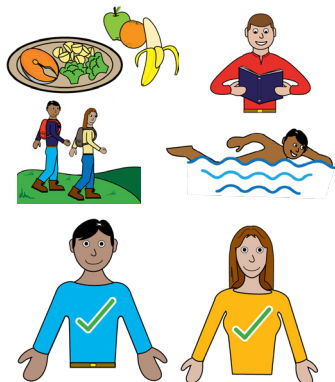
Most people live until they are old.

## die



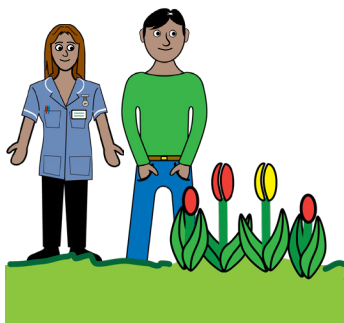
Sadly, we know everyone will die at some point.

## live well



People should be supported to live well until they die.

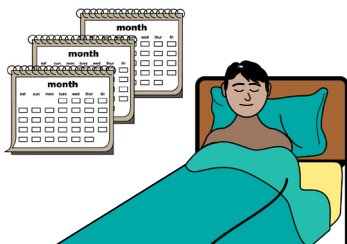
## Palliative Care



When your condition can't be cured and it will shorten your life, care focusses on what matters to you.

This is called Palliative Care.

## support



In the days, weeks and months before you die you might need more care and support.

## End of Life Care



This is called End of Life Care.

## Care



Care will include support for the people important to you.

## agree a plan



You can agree a plan about what care and support you will need and want.

## care team



Your team can include your GP, hospital doctor, social worker, carers, community nurse and sometimes a specialist palliative care team.

## hard to talk



Talking about death and dying can be hard. It can feel sad or scary.

## support you



But it is important to help you get the support that is right for you.

## easy read



We have many other easy read leaflets to support you at this time.



Leeds Palliative  
Care Network



Please visit:

**[www.leedspalliativecare.org.uk](http://www.leedspalliativecare.org.uk)**

for information about local services in Leeds.

## health passport



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on:

**[leedsth-tr.lldautism@nhs.net](mailto:leedsth-tr.lldautism@nhs.net)**





## What did you think of your care?

Scan the QR code or visit [bit.ly/nhsleedsfft](https://bit.ly/nhsleedsfft)

***Your views matter***



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Developed by: Kathleen Smith, QI Clinician, Learning Disabilities and Autism  
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