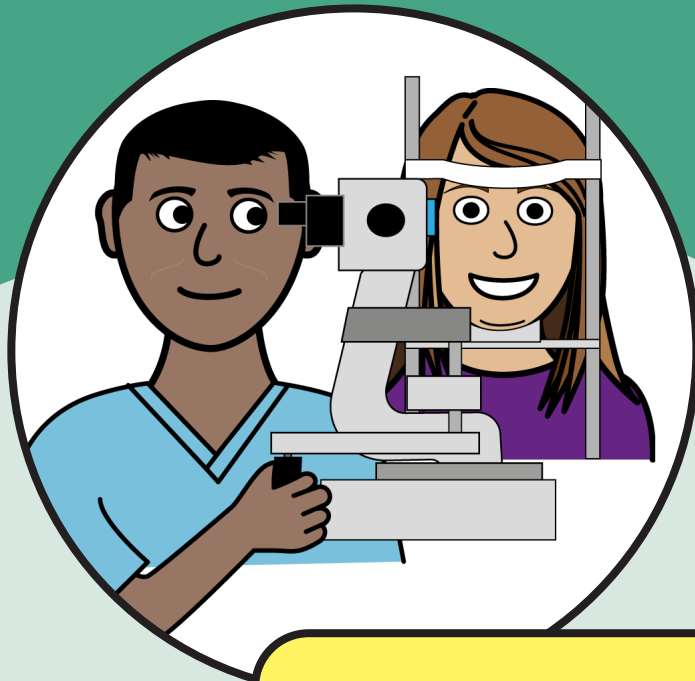# Orthoptics and Children's Eye Clinic

Information for patients

Easy Read

easy read

This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

clinic

NHS

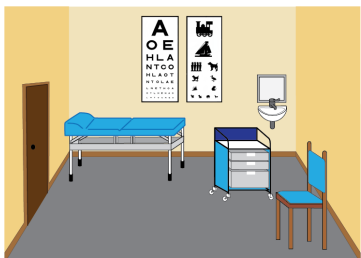You will come to the hospital eye clinic to have your eyes checked.
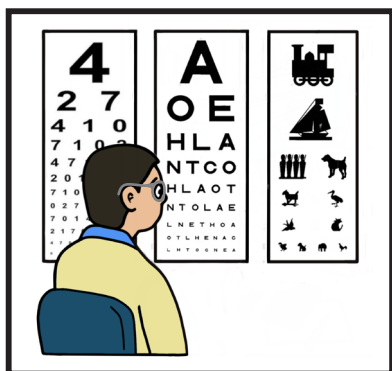
staff

staff staff

You might meet an Orthoptist, Optometrist or a Doctor.

We all do different jobs to check if your eyes are healthy and help you see better.
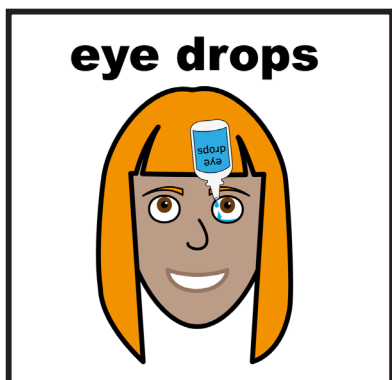
clinic room

You will go to a room with an orthoptist.

The orthoptist will check what you can see by asking you to look at pictures or letters. You can say, sign or point to say what you see, or the orthoptist can watch where you look.
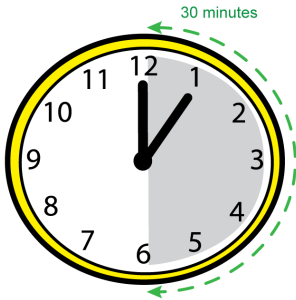

eye drops

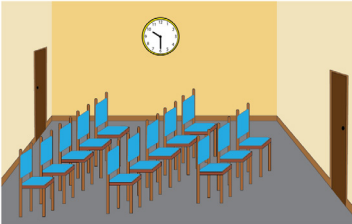The orthoptist might put drops in your eyes.

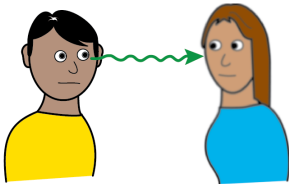The drops might feel uncomfortable at first.

30 minutes

30 minutes

You will wait until the drops work.

waiting area
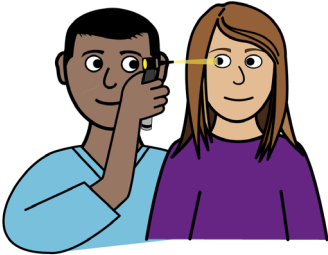
You will wait in the waiting room

blurred sight

Things might look more blurred.

glasses

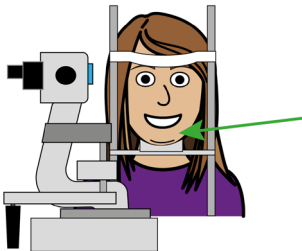The eye drops help the optometrist measure your eyes to see if you need glasses.

check eye

The optometrist or doctor will shine a light in your eyes. This is to check that your eyes are healthy inside.
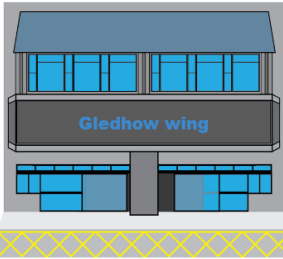
This is ok.

chin and forehead

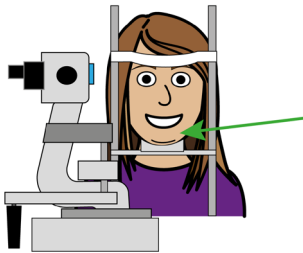You might need to put your chin and forehead on the metal bar.

Gledhow wing

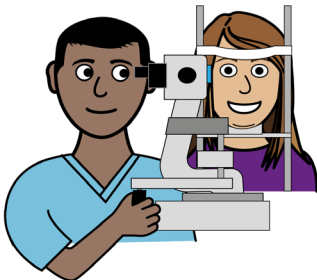You may have pictures taken of your eyes.

This is in a different part of the hospital called Gledhow Wing Eye Clinic.
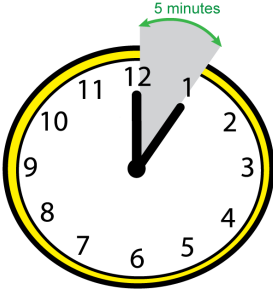
chin and forehead

You will need to put your chin and forehead on the metal bar in front of a special camera.
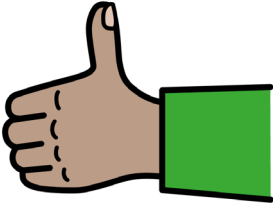
look forward

Stay still and look at the light.

5 minutes

This is quick.

no pain

This will not hurt.

clinic

NHS

You then go back to the Eye Clinic and talk to the doctor.

The doctor will discuss your plan with you.

home

You can then usually go home.

Please let staff know if you have a Hospital Passport or if you need any reasonable adjustments making.

Get Me Better!

Hospital Passport

My name is

I like to be called

easy on the **i**

What did you think of your care?
Scan the QR code or visit **bit.ly/nhsleedsfft**
Your views matter