

ReSPECT

Information for patients

The word 'ReSPECT' in a dark purple, rounded, sans-serif font. The letter 'e' is replaced by a stylized orange heart shape. The text is contained within a white rounded rectangle with a thin black border.A yellow rounded rectangular button with a thick black border. The text 'Easy Read' is written in a bold, black, sans-serif font.

easy read



This booklet uses easy words and pictures.

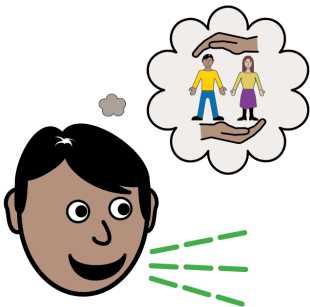
You might want to ask someone to help you read it.

ReSPECT

ReSPECT

Recommended Summary Plan for Emergency Care and Treatment.

your say



In emergency situations, or at end of life, people cannot always say what they want to happen to them.

respect



The ReSPECT process allows you to talk about what you want before you are too unwell.

keep a record



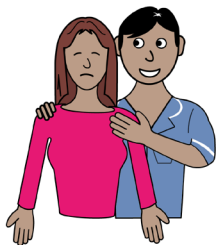
It lets you record what is important to you.

hard to talk



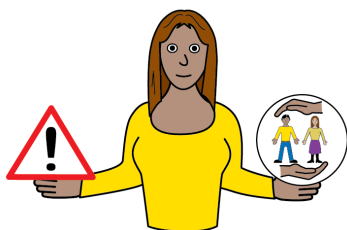
We know it is difficult to think about a time when you will not be well or might die.

comforted when upset



Healthcare professionals are trained to support you with these conversations.

risks



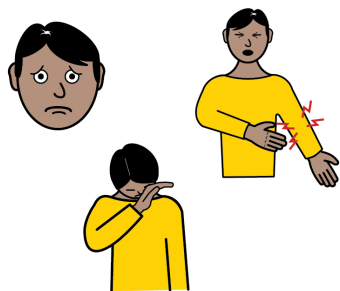
Many treatments that help keep you alive also have risks, like:

explain



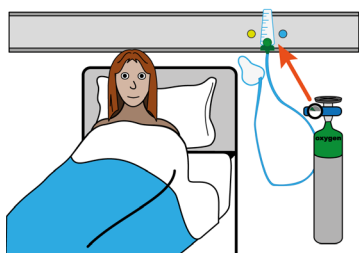
They might not work.

hurt



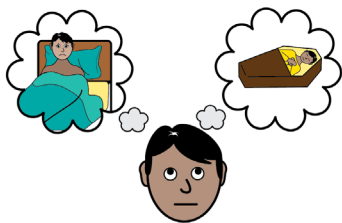
They might cause you pain.

oxygen port



They mean you need to stay in hospital.

could die



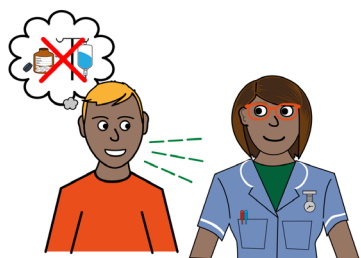
They risk you might die in hospital.

choosing



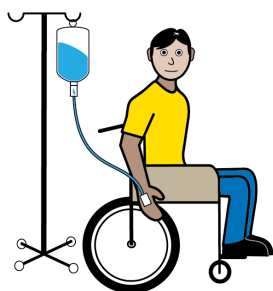
Some people choose not to take these risks.

talk to



And sometimes doctors or nurses tell you that a treatment is not possible.

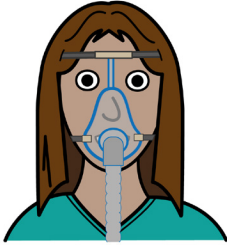
hospital drip



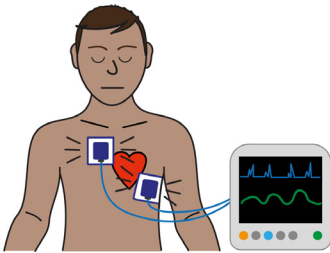
Some treatments you might talk about are:

Antibiotics by a drip if you get an infection.

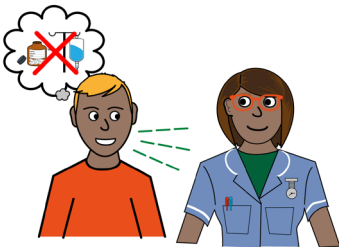
non invasive ventilation



shock



talk to

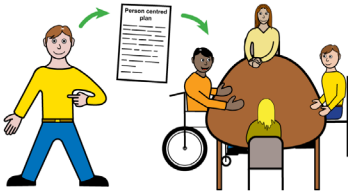


Supporting your breathing with a ventilator.

Or even trying to restart your heart if it stops.

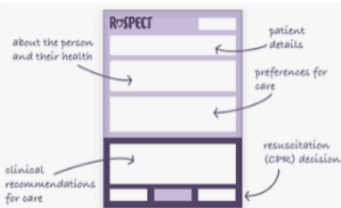
You can talk about your care and treatment options with your doctors and nurses.

personal centred plan



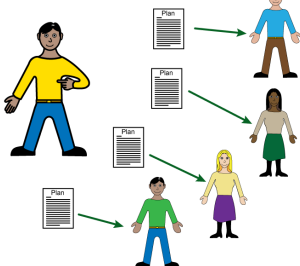
You and those important to you will always be included in these decisions if you want to be.

ReSPECT plan



These decisions will be recorded on your ReSPECT plan.

giving out your care plan



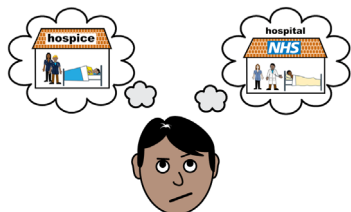
You can keep a paper copy and a copy will be added to your medical notes.

review of your care plan



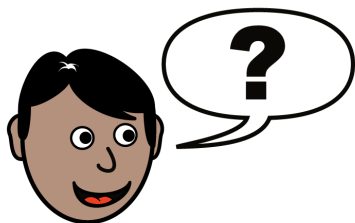
Doctors and nurses will regularly ask you about your ReSPECT plan.

think about your options



You can change your mind about the decisions at anytime.

ask



If you have any questions, you can ask the staff.



Get me? Get Me Better!
Get a better understanding of your condition



NHS
Hospital Passport

My name is

I like to be called



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: leedsth-tr.ldautism@nhs.net



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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