

What matters to me?

Information for patients



Easy Read

easy read



website



www.nhs.uk



Important to me

This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

The NHS website has lots of information about common illnesses and how you can help yourself.



It is important to let healthcare professionals know what matters to you.

about me



You are in charge of your health and what happens in your life.

care for you



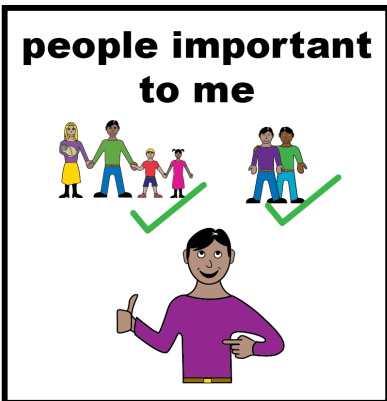
If the healthcare professionals know what is important to you they can give you better care.



Things that might be important are:

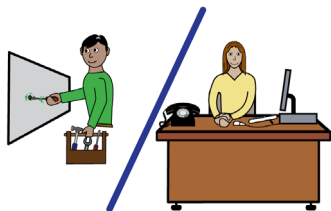


Family and friends



The people who support you

job



Your job

social activities

football match



ten-pin bowling



pub



cinema



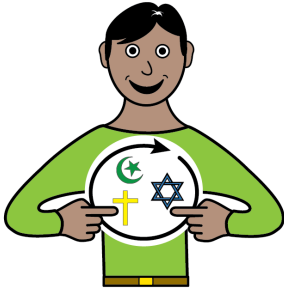
Social activities

community



Your community

my faith



Your faith or religion

group therapy



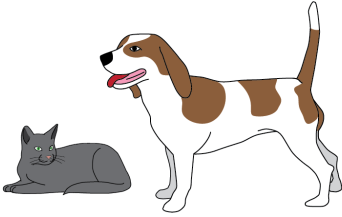
Groups you attend

carer



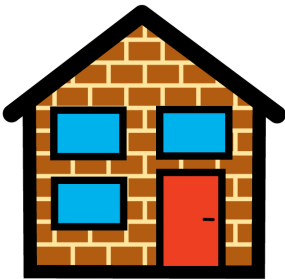
People you might look after

pets



Your pets

home



Your home

gardening



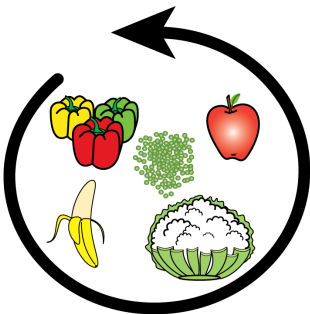
Your garden

aerobics



Exercising

5 a day



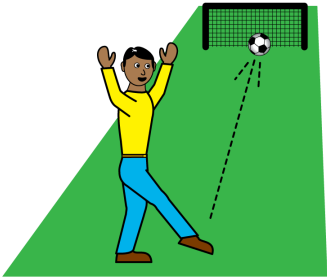
Food

body and mind healthy



Managing your health needs

achieve your goals



Your hopes for the future

A cartoon illustration of a woman with long brown hair, wearing a red long-sleeved shirt, pointing her right hand towards a QR code. The QR code is on a white rectangular background.

Get me? Get Me Better!
Get a better understanding of your disability

NHS Hospital Passport

My name is

I like to be called

A small cartoon illustration of two people, one in a yellow shirt and one in a purple shirt, standing together.

If you have a Learning Disability and/or Autism Diagnosis you may want to complete a Health passport.

support going to hospital



If you ever need to come into hospital this will help them know you better and look after you better.

Learning Disability and Autism Team



Please send the health passport to leadsth-tr.LDAutism@nhs.net



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: leedsth-tr.lidautism@nhs.net



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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Developed by: Alison Conyers, Lead Professional, Learning Disabilities & Autism
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