

Leeds Adult Transplant Games Team

Information for patients



The Leeds Adult Transplant Team helps a wide range of transplant recipients to take part in sport, build friendships and celebrate the gift of life.

It is a network of inspiring, resourceful and courageous people ranging from 18 to 86 years of age who take part in a variety of sports (for fun and for competition), social activities, fundraising and charity events.

The adult team would appreciate any help with fundraising to support the whole team in attending the BTG, raising funds for new equipment, kit and help towards registration.

If you would like to help, please scan the QR code and follow the URL that appears or alternatively you can go to:

www.justgiving.com/campaign/BTGadultsteam



The Leeds Adult Transplant Team at the Transplant Games

In 2022 the BTG were held in Leeds. This was our largest team ever. The team consisted of 57 competitors and 27 spectators. We currently have over 80 active team members and supporters, this was the largest team at the games in 2022. Although only transplant recipients can compete in the games, supporters can join in a supporters role and take part in the social events. Please come and see what the games are about.

Please scan the QR code and follow the URL that appears or alternatively you can go to:

<https://www.britishtransplantgames.co.uk/>



Sporting events include running, swimming, cycling, tennis, snooker, squash, volleyball, basketball, darts, badminton, netball and athletics. There is a very special event called **'The Donor Run'** which is 3km or 5km and takes place to remember all of your donors and their families.

Nicki's story

I had a Liver Transplant 17 years ago and shared the liver with a baby due to an autoimmune disease PBC. Being in the Leeds Adult Transplant Team (my second family) means the world to me as I was a PE teacher and this gives me an opportunity to compete in what I love but more important, it is also a reason to stay healthy to honour my Donor and family for giving me a second chance with the most wonderful gift of life.

Brenda's story

Hi my name is Brenda and I am from North Wales. In September 2012, I received a lifesaving liver transplant. I had primary biliary cirrhosis for over twenty years.

I learnt about the transplant games whilst in hospital in Leeds and was proud to become a member of the Leeds team and I have represented them in seven British Games. Next April, I am travelling to Perth Australia, representing Team GB & NI playing golf.



Christine's story

In June 2015 I had an emergency liver transplant. I had been poorly for a few months previous to the transplant but doctors couldn't find what was wrong.

A couple of weeks before my transplant we had gone away to a campsite for the weekend. I felt awful but I did some archery which I really enjoyed and got a good score.

Soon after my transplant I was told about the Transplant Games and that they did archery at the games.

I thought about competing and I met a lady who was visiting someone else whilst I was in hospital.

I got sent all the details of the games and it really gave me the motivation to get better.

Six months later I joined my local archery club and attended my first games the same year. I only spent a couple of days there but I attended Lanarkshire games in 2017 and got much more involved with the games.

I won my first medal and have gone on to win in British, European and World Games.

I have met so many amazing people and can see how well organ donation is promoted.

The games have given me so much to look forward to, so many new friends and it's wonderful to be part of a "family".

The games mean so much to me.

We'd love you to join the team and help us grow

The team welcomes anyone who has had their transplant within Leeds Teaching Hospitals, their families, friends, donor families and anyone who would like to help raise awareness of organ donation.

Whether you're interested in sport, or want to come along and support us, there's something for everyone to get involved with.



Want to find out more?

Please contact Team Managers:



Kirsty Saville



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email: leedsth-tr.transplantgames@nhs.net

Useful link

- **Transplant Sport**
<https://transplantsport.org.uk>

Transplant Sport are the largest national charity promoting active recovery for transplant recipients and increasing awareness of the benefits of organ donation. We actively promote the importance of more people telling their family and friends they wish to donate, so that families do not refuse to give consent because of a lack of knowledge.

Transplant Sport is committed to increasing the family consent rate from 60% to 80% by 2020 and encouraging all to join the NHS Organ Donor Register.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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