Keeping Safe from Abuse (Adults)

Information for patients

Easy Read
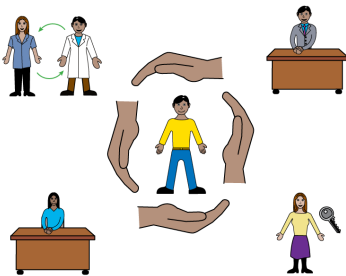
easy read

This booklet uses easy words and pictures.

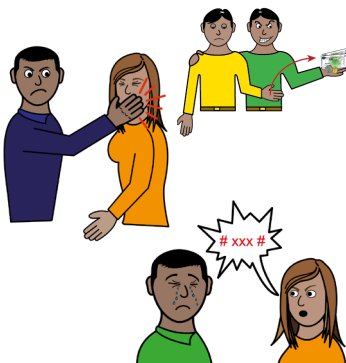You might want to ask someone to help you read it.

safeguarding

We want to help protect everyone from all types of abuse.

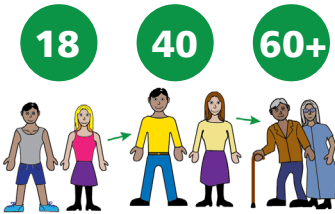This is called Safeguarding.

abuse

Abuse happens when someone does something to hurt, scare or upset another person. on purpose.

care

Or someone does not give you the care that you need to keep you safe.

adults

18   40   60+

This leaflet is for adults.

All those over 18 years old.

risk

People who need support to live their life are more at risk of abuse.

other leaflets

Abuse comes in many forms.

We have another easy read leaflet on types of abuse.

abuse

We think no one should have to live with any type of abuse.

help

We want to help.

We will ask you if you want help at hospital.

We know it is hard to talk about things.

But abuse is always wrong and we want to help stop it.

Talk to someone If you think you might be being abused.

Any member of staff at the hospital will help. They will have a Hospital name badge on.

Here is a list of places and people you can talk to for help:

ambulance

how can I help?

NHS
Ambulance Service

If anyone is hurt and it is life threatening call **999**.

If it is not life threatening but someone is still hurt, call **111**.

police

POLICE

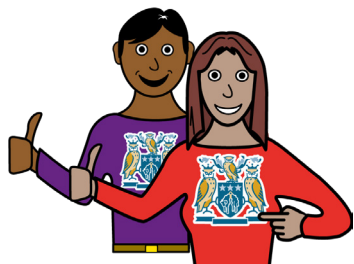If you think a crime has been committed call the police:

999 in an emergency.

101 if not an emergency or you are not sure.

care for you

Talk to any professional or support worker helping you that you trust.

If you are worried that this is the person hurting you, tell another professional.

adult social care

Your local adult social care team will have a safeguarding person that will be able to help.

In Leeds their number is: **0113 222 4401**.

write number

If you are from outside of Leeds you can write your local number here:

....

easy on the **i**

What did you think of your care?

Scan the QR code or visit **bit.ly/nhsleedsfft**

Your views matter

© The Leeds Teaching Hospitals NHS Trust • 1ˢᵗ edition Ver 1.0
Developed by: Daniella Hembra - Specialist Nurse Advisor for Safeguarding
Adults. All images / Resources Copyright © LYPFT easyonthei
Produced by: Medical Illustration Services • MID code: M20230309_015/DG

LN005601
Publication date
09 / 2023
Review date
09 / 2026