

# Different Types of Abuse (Adults)

Information for patients

**Easy  
Read**



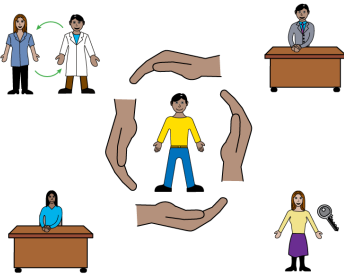
## easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

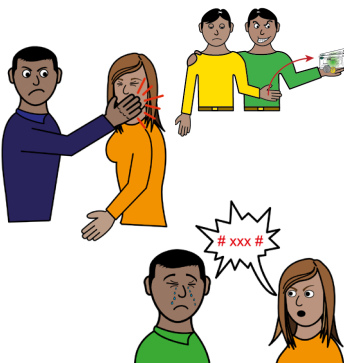
## safeguarding



We want to help protect everyone from all types of abuse.

This is called Safeguarding.

## abuse



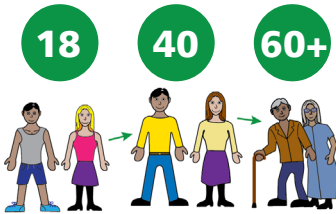
Abuse happens when someone does something to hurt, scare or upset another person. on purpose.

## care



Or someone does not give you the care that you need to keep you safe.

## adults



This leaflet is for adults.  
All those over 18 years old.

## abuse



Abuse comes in many forms.

This leaflet will explain this in more detail.

## physical abuse



## Physical abuse

can be hitting, kicking, pinching or any form of violence.

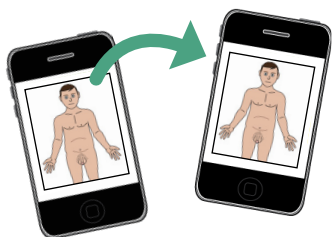
## sexual abuse



## Sexual abuse

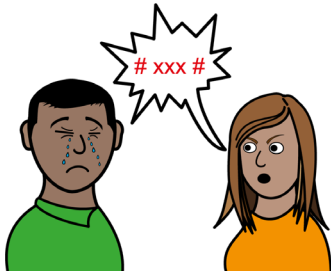
Can be touching, kissing or acting in a sexual way when you don't want them to.

## unwanted images



It includes talking dirty and sending unwanted images.

## psychological abuse

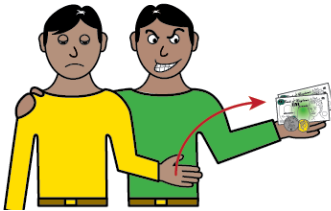


## Psychological abuse

can be shouting, calling names, or making fun of you.

When someone makes you feel sad, afraid, unsafe or not important.

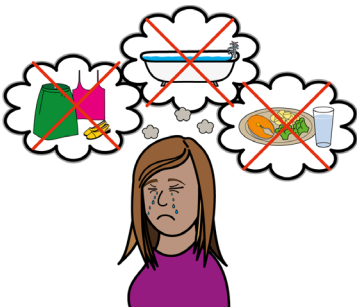
## financial or material abuse



## Financial or material abuse

Can be taking control of money or forcing you to buy things.

## neglect



## Neglect

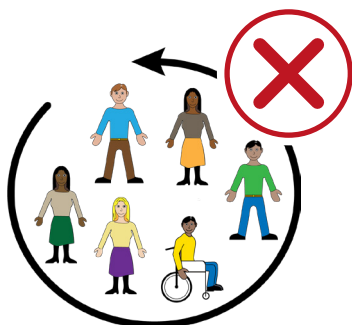
This is when the person looking after you does not do it properly and does not keep you safe.

## self-neglect



Sometimes you can even abuse yourself by not looking after yourself or feeding yourself enough.

## discriminatory Abuse

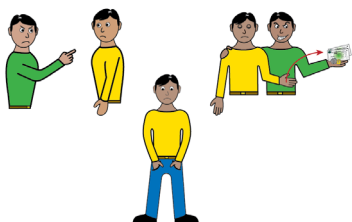


### **Discriminatory Abuse**

This is when someone treats you badly because you may be different to them.

This is sometimes called a Hate crime.

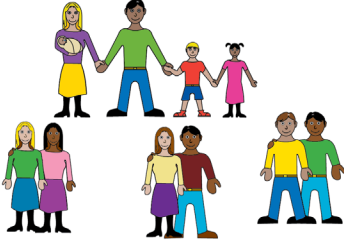
## modern slavery



### **Modern slavery**

This is when someone is forced to work with little or no pay, or they are threatened with violence if they do not work.

## anyone can abuse you



Abuse can come from anyone in your life.

Sometimes it can be someone you trust the most or who cares for you.

## abuse



We think no one should have to live with any type of abuse.

We want to help.

## talk



We know it is hard to talk about things.

But abuse is always wrong and we want to help stop it.

## talk to someone



Please talk to any professional you feel safe with.

All staff will be wearing a name badge.



**What did you think of your care?**

Scan the QR code or visit [bit.ly/nhsleedsfft](https://bit.ly/nhsleedsfft)

***Your views matter***

