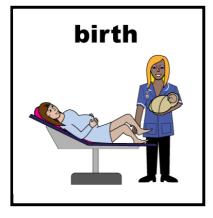






This booklet uses easy words and pictures.

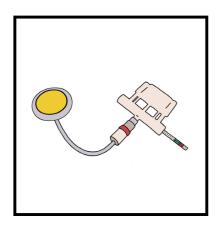
You might want to ask someone to help you read it.



If your baby is struggling to be born vaginally your doctor will help.



They use a ventouse suction cup to help.



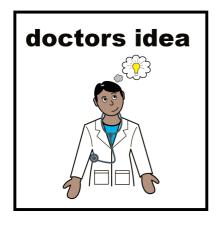
Ventouse is where a plastic cup is placed on the baby's head.



This will suction onto the baby's head.



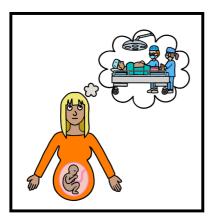
When you have your next contraction.



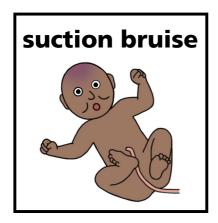
Your doctor will tell you to push.



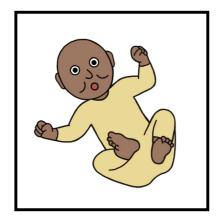
The ventouse will help pull the baby out.



If the Ventouse isn't working you might need a caeserean.



The ventouse suction cup may leave a bruise or swelling on baby's head after it is born.



This brusie or swelling usually goes in a few days.



If you are worried or have any questions speak to your doctor of midwife.





What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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