

What is a Forceps birth?

Information for patients



Easy Read



easy read



This booklet uses easy words and pictures.

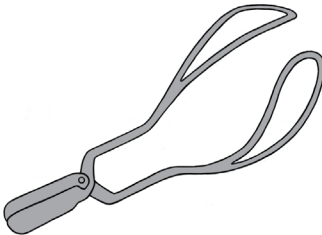
You might want to ask someone to help you read it.

birth



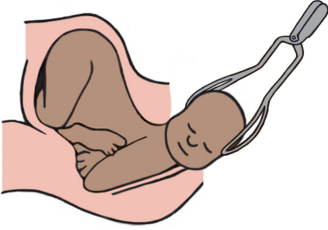
If your baby is struggling to be born vaginally your doctor will help. The midwife will not perform ventouse.

forceps



Forceps are a medical instrument that can help your baby be born.

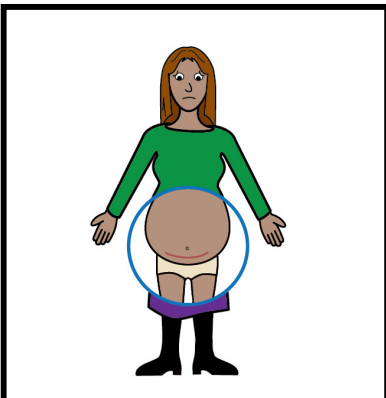
forceps birth



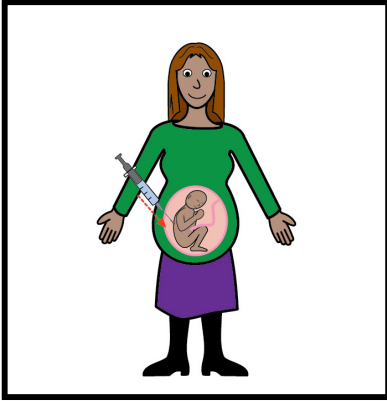
They are like big spoons that support your baby's head and help pull your baby out.



When you have a contraction you push and the doctor will gently pull.



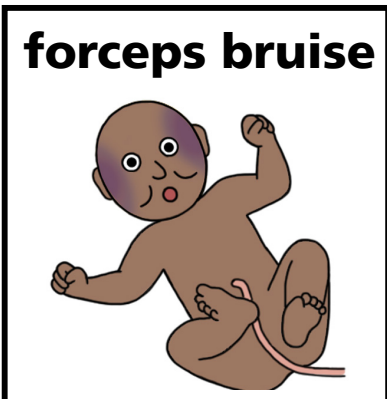
The doctor may need to perform a cut (episiotomy to help your baby be born).



They will receive an injection to numb before this is done.

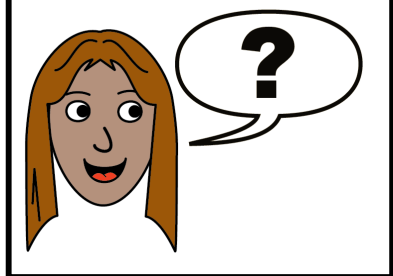


If the forceps are not helping, you will need a Caesarean section.



Using forceps may leave marks on the cheeks.

**ask
questions**



If you are worried or have any questions speak to your doctor or midwife.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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