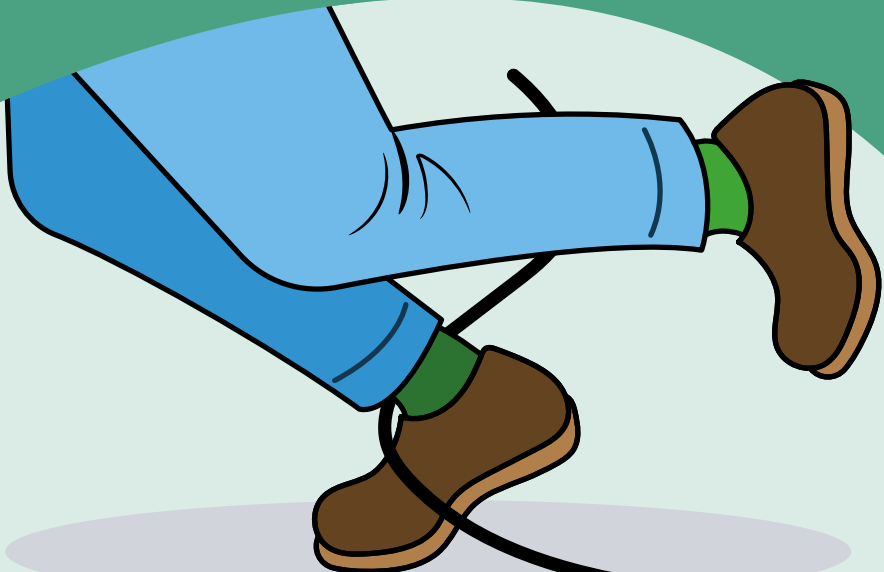


After you have had a fall

Information for
patients, carers
and relatives



**Easy
Read**



easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

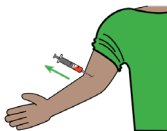
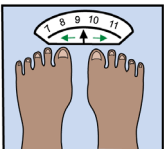
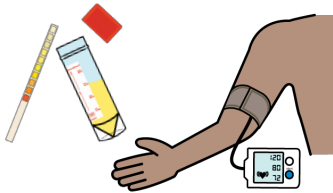
fall



You have had a fall.

We are worried you might fall again.

tests



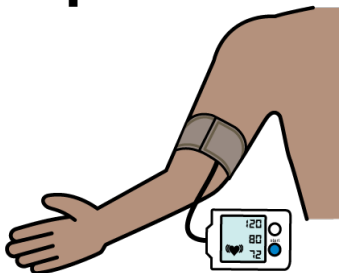
We want to do some tests to see why you fell.

ask you questions



We will ask you some questions about your falls.

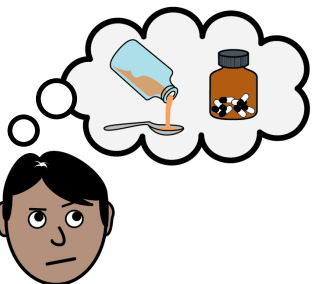
blood pressure



We will check some things like:

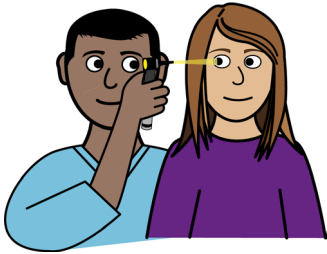
- Your blood pressure

medicines

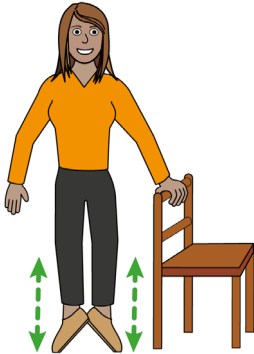


- Your medicines

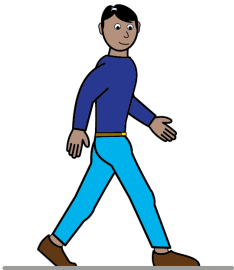
eyesight



balance



watch your walk

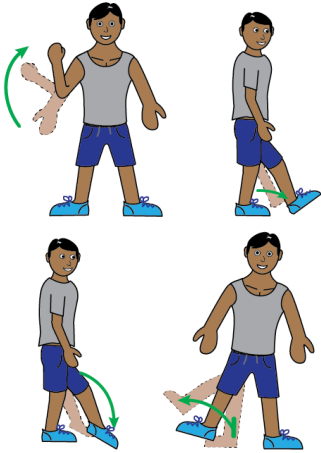


- Your eyesight

- Your balance

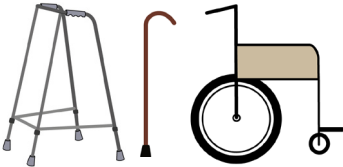
- We will watch how you walk

exercise



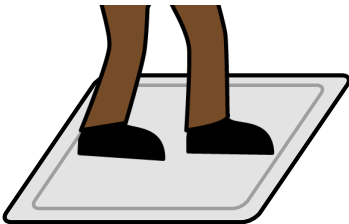
We might give you some exercises to do.

walking aids



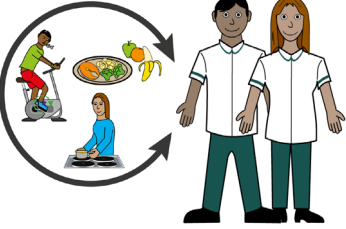
Or walking aids.

fall sensor pad



Or alarms to help keep you safe.

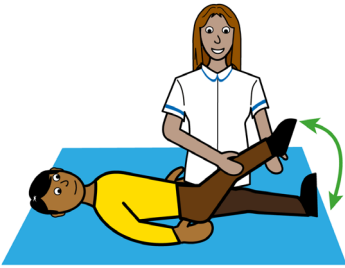
occupational therapist



We may ask other professionals to get in touch to help you.

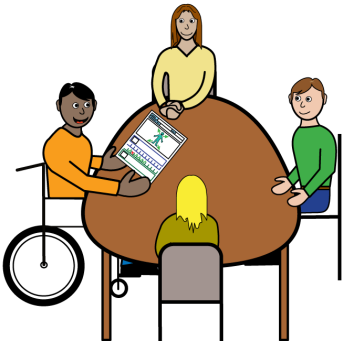
Like Occupational Therapists.

physiotherapy



Or Physiotherapy.

make plan



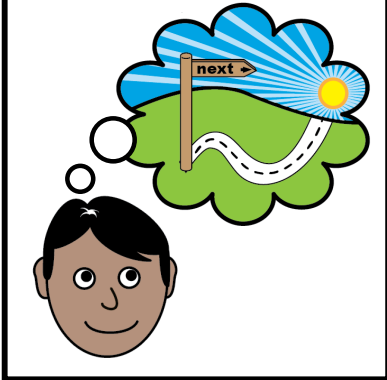
We will make a plan with you.

happy with plan



And check you are happy with this plan.

next steps



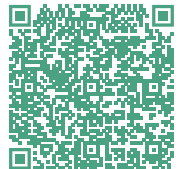
And let you know what the next step is.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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