

Oral glucose tolerance test - Diabetes

Information for patients

This test is to check if your body can make enough insulin in response to a glucose drink.

What do i need to do before the test?

- You must have nothing to eat from midnight the night before your test.
- You may drink plain water freely.

What does the test involve?

- A cannula, a fine plastic tube may be inserted into a vein in your arm to take blood from.
- A baseline blood sample will be taken and you will then be required to drink a very sweet sugary drink.





- You will have a blood test and finger prick test every 30 minutes during this investigation.

How long will the test take?

- The test will take approximately 2½ hours to complete.

Side-effects

- There are very few side effects from this test, some people may feel a little sick or dizzy, but this usually passes quickly.

When will I get the results?

- The results of this test will be reviewed by your doctor and discussed with you at your next appointment.
- If you have any queries you can contact the Endocrine Day Unit on telephone: **0113 206 4937** or **0113 206 5730**
email: **leedsth-tr.endocrinologyadminsjuh@nhs.net**

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Produced by: Medical Illustration Services • MID code: 20231208_018/MH

LN005443
Publication date
12/2023
Review date
12/2026