

# Pastoral, Spiritual, and Religious Care

## how can we help?

Information for patients,  
relatives and carers



The experience of coming to hospital may cause many different emotions for patients, relatives, carers and friends and you may feel that you would like someone to talk to in confidence.

The Pastoral, spiritual and religious care team provide support for everyone inclusive of all faiths and beliefs.

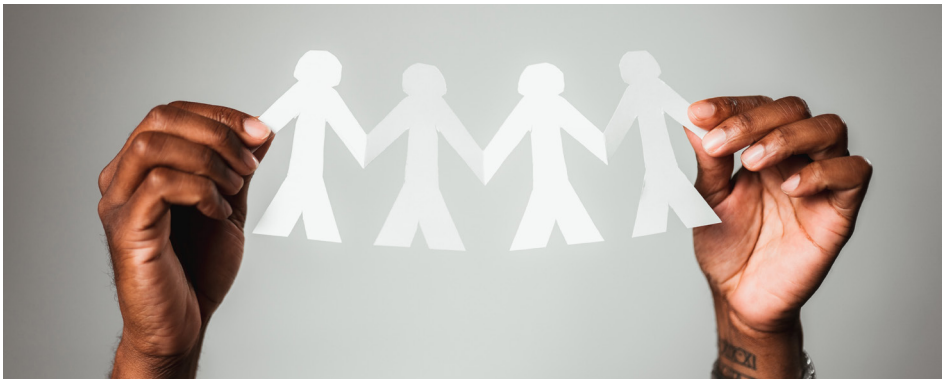
Care is provided by a diverse team of pastoral carers, chaplains and volunteers: Non-religious/humanist, alongside those from the Christian, Buddhist, Jewish, Hindu, Muslim and Sikh faiths.

Pastoral carers and chaplains offer accepting, confidential, non-judgmental care. We do not promote a particular agenda, but seek to meet people where they are. We have time to sit, listen and simply be, with people at a time of need. Pastoral carers and Chaplains are available to talk through the core concerns which affect us all as human beings.

In a busy hospital, you may need time for reflection in a place that is peaceful and quiet. Throughout the Trust there are prayer and quiet rooms available for use by everyone and they are accessible twenty-four hours a day. In addition to our three historic chapels at St James' Hospital, LGI and Chapel Allerton, and the modern space on level 1 in Bexley Wing, there are quiet rooms and prayer spaces located in different parts of the buildings. For full details contact the Chaplaincy office on **0113 206 5935** or email **leedsth-tr.Chaplaincy@nhs.net**.

## Chaplains and pastoral carers are available to provide:

- A listening ear
- Support in exploring the personal issues that hospital often raises: such as feelings of vulnerability and loss of control; or concerns around important relationships, meaning, and hope
- Help to mark significant moments through words and actions
- Support for your faith/spiritual needs and beliefs
- Sacramental and religious care; Holy Communion, anointing, pastoral care, emergency baptisms
- Naming and blessing services for babies
- Emergency relationship blessings
- Liaise with local faith leaders on your behalf, when requested
- Prayer (general, specific for example, before operations, end of life prayers)



We have chaplains on call all day and night. In an emergency, nursing staff will contact them through the switchboard.

**Email Us: [leedsth-tr.chaplaincy@nhs.net](mailto:leedsth-tr.chaplaincy@nhs.net)**

The Chaplaincy Service is based at both St James Hospital and Leeds General Infirmary.

Chaplains also attend patients at Chapel Allerton Hospital.

**St James's office Telephone: (0113) 206 5935**

**LGI office Telephone: (0113) 392 2914**

## What did you think of your care?

Scan the QR code or visit [bit.ly/nhsleedsfft](https://bit.ly/nhsleedsfft)

*Your views matter*



The printing of this leaflet has been funded by Leeds Hospitals Charity  
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**leeds hospitals charity**

charity number: 1170369

© The Leeds Teaching Hospitals NHS Trust • 1st edition (Ver 1)  
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Produced by: Medical Illustration Services • MID code: 20220606\_003/BP

LN005283  
Publication date  
06/2023  
Review date  
06/2026