

The Prosthetics Service

Compression Sock

Information for
patients

The **aim** of wearing the compression sock is to help reduce swelling within your residual limb (stump). It will also provide support.

Please wear the sock all day. Remove it at night, unless directed otherwise by the clinician who supplied it.

Remove the sock at least once per day to wash your residual limb. Check your skin for soreness or abrasions. If you find any - remove the sock and contact your clinician on the number overleaf.

If you experience pain or discomfort in your residual limb, take the sock off. Try it again after 1 hour if you are happy to do so. If these symptoms persist or you are not happy to try the sock again, leave it off and contact your clinician.

Keep the sock well pulled up without wrinkles.

Washing instructions are on the label.



Do not use the compression sock with your artificial limb, unless advised to do so by a member of the clinical team at your centre.

If you have any queries contact:

the Nurse in Prosthetics on: **0113 2063830**

the Physiotherapist in Prosthetics on: **0113 2063638**

or your local Nurse or Physiotherapist on:



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