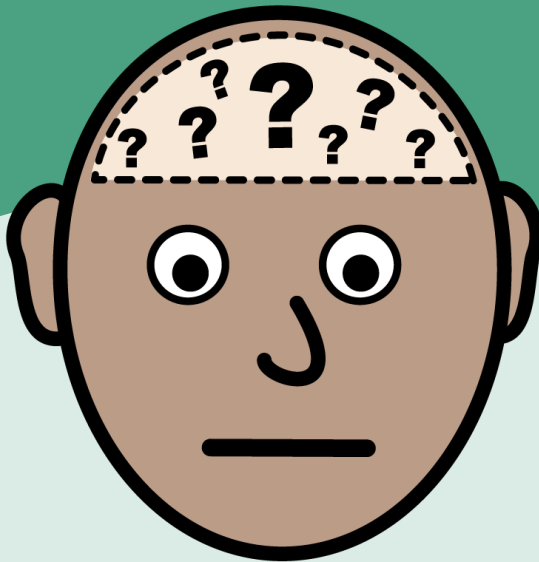


What is Dementia?

Information for patients

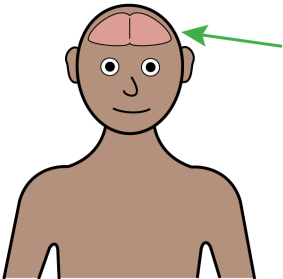


Easy Read

easy read



brain



Forget something



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

Dementia affects the way your brain works.

It is when cells change in the brain.

It causes different symptoms for different people.

You might find it harder to remember things.

You may forget people's names or where you have put something.

feelings



Dementia can change how you feel.

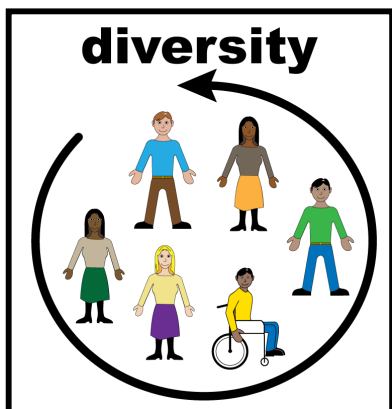
You may feel happy, sad, angry or confused.

action plan



You may find it hard to concentrate or plan things.

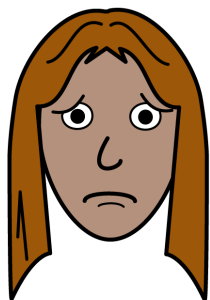
diversity



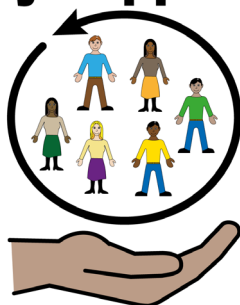
Everybody is different.

You may have some but not all of the symptoms.

anxious



my support



healthy and well



This may make you feel scared.

That is ok.

You may find it difficult with everyday tasks.

You may need support from family, friends or carer's.

There is support.

Many people live well with Dementia.

Please look at the Alzheimer's Society for more information.

hospital

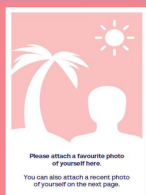


If you come into hospital we will support you.

This is me®

This leaflet will help you support me in an unfamiliar place.

My full name is



- See the notes on page 4 to help you complete 'This is me', including questions of the kind of information to include.
- Make the health care team aware of it as a routine check so that all the people caring for you can see and read 'This is me'.

In partnership with



Alzheimer's Society
The National Dementia Resource

doctor and nurse



Your hospital team will support you and answer any questions.

They can also give you more information on other support groups outside the hospital.

The Friends and Family Test
 What did you think of your care?
 Easy Read

Thinking about the service we provided, overall how was your experience?

Very good Good Not good at all Poor Very poor Don't know

What was good about your visit?

What would have made your visit better?

Patient Advice and Liaison Service (PALS)
 Do you have a worry or concern?
 We are here to help!
 Information for patients

NHS

Easy Read

Please let us know how you were cared for.

What went well.

What we could do better.

You can do this with our Friends and Family Test or with our Patient Advice and Liaison Service - just ask for more information.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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