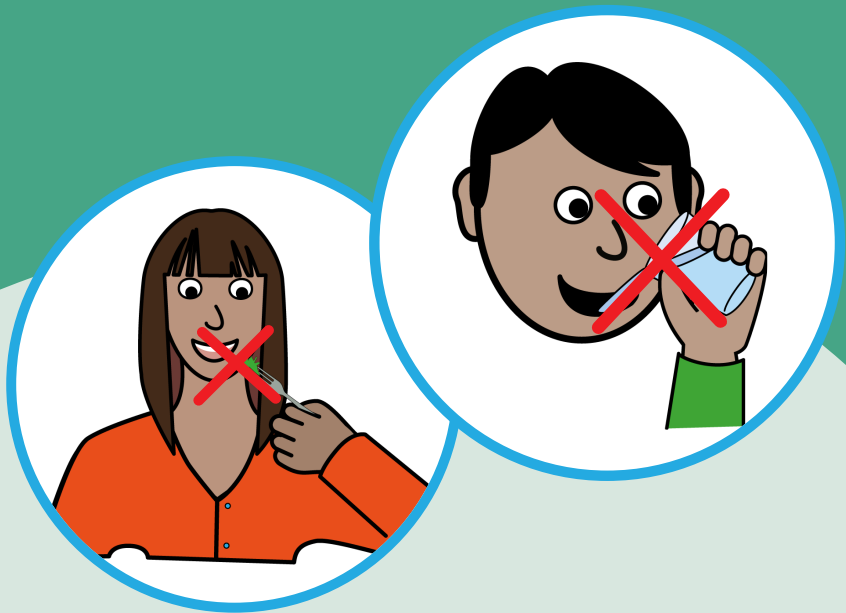


Nil by Mouth (NBM)

Information for patients



Easy Read

easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

ill



You are unwell.

The doctor has said you can not eat.

You might be waiting for an operation.

no eating

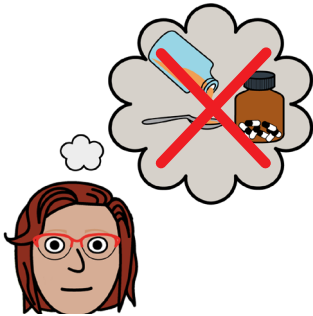


You can not eat.

no drinking



no medication



doctor



You can not drink.

You can not take your medication.

Unless your doctor says you should.

Your doctor will tell you if you need to have medicines a different way.

doctor



Your doctor will tell you if you need food and fluids from a tube.

Not everyone needs this.

doctor



Your doctor will tell you when you can eat and drink again.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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