

Criteria Led Discharge

Information for patients



You have been given this leaflet to help you understand the new discharge process called Criteria Led Discharge. It will help you prepare to leave the hospital and it is important we inform you of this new process, so you understand more about your care.

What is Criteria Led Discharge?

Criteria Led Discharge is a process that makes sure your discharge from hospital is not delayed and that you can safely go home or to another care setting as soon as you are medically ready.

A senior doctor will discuss with you, the criteria (goals) that are personalised to your circumstances and that should be met in order for you to be discharged from hospital. Examples of criteria that might be set include: ensuring that your pain is under control following a procedure; or that your blood results are within a certain range; or that Physiotherapists have assessed your mobility. These criteria will be written in your medical record.

The team will work with you and keep you informed about your progress. When all the criteria have been met, you can be safely discharged from hospital without having to wait for another review from a senior doctor.

Some benefits of Criteria Led Discharge are:

- It clearly outlines what must happen before you can be discharged.
- You spend less time in hospital because decisions about your discharge from hospital are made earlier in your stay.
- You have more involvement in decisions made about your care.

How will you know you have met the criteria?

A registered health care professional will confirm that you have met all of the agreed criteria. If there are no outstanding issues, you will be able to leave the hospital without seeing your doctor for a final time. If there are any concerns the team will contact the doctor to review your health before going home.

Does this mean you will not see a doctor at all?

No. A doctor will continue to see you regularly throughout your hospital stay. Criteria Led Discharge means that you and the team have agreed on a set of criteria. These decisions have been led by the senior doctor. A Registered Health Care Professional will monitor that these have been met. You will not be discharged until all the criteria are met.

Before you leave the hospital please make sure you:

- Know when and how you should take your medicine(s).
- Who to contact if you do not feel well.
- Ask your doctor about any GP or specialist follow-up appointments.
- Understand what home/community based support that has been arranged (if applicable).

Talk with your doctor

Your doctor will discuss the criteria with you and make sure that you understand the process.

Develop Criteria

You and your doctor will agree on the set of criteria that should be met before you can be discharged

Progress Monitored

A registered health care professional will monitor the agreed criteria and mark them as complete, once they have been met.

Discharge

Criteria have all been met. You can now be discharged from hospital.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter

