

PAEDIATRIC ALLERGY CLINIC APPOINTMENT CHECKLIST

NHS

The Leeds
Teaching Hospitals
NHS Trust

Before your child attends the appointment, please check the following:

- 1** You have not given your child any antihistamine medication (e.g. cetirizine, chlorphenamine) for 3 - 5 days before their clinic appointment, as this can interfere with the allergy skin prick tests.
If your child has an allergic reaction, GIVE the antihistamine medication as required.
- 2** If your child is on regular antihistamine treatment for chronic urticaria, they do NOT need to stop taking their antihistamine before their appointment.
- 3** If you think that your child may be allergic to a fruit or vegetable, please bring a small piece of the fresh fruit or vegetable with you to clinic to be used for their allergy skin tests.
- 4** Please bring a list of all of your child's current medications and doses, including creams and over the counter treatments.
- 5** If your child cannot attend their appointment, please make sure you contact the booking team on 0113 392 0459 as soon as possible to cancel the appointment.

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