

# PAEDIATRIC ALLERGY CHECKLIST 5 DAYS BEFORE A FOOD OR MEDICATION CHALLENGE



The Leeds  
Teaching Hospitals  
NHS Trust

If you answer YES to any of the following questions, please ring the Scheduling Team on 0113 392 5911.

- 1 Does your child have an illness such as a cold, sore throat, infection or a rash?
- 2 Is your child having a flare-up of their allergic condition(s) (such as eczema, asthma or hayfever) ?
- 3 Will your child be unable to manage without antihistamine medication for 3 full days (72 hours) before the challenge?
- 4 Has your child used their blue Salbutamol inhaler within 7 days of the challenge date?
- 5 Has your child had an allergic reaction to the food for the challenge in the last six months?
- 6 Will you have difficulty in reintroducing the food into your child's diet regularly?
- 7 Is your child likely to refuse to eat the food during the challenge?
- 8 Is your child already eating the food being tested in the challenge?

**IMPORTANT - Please make sure you bring any required foods for your child's challenge, which are detailed in the challenge appointment letter.**