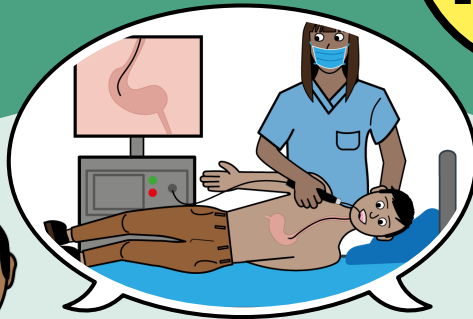


What happens after your gastroscopy

Information for patients

**Easy
Read**



easy read



This booklet uses easy words and pictures.

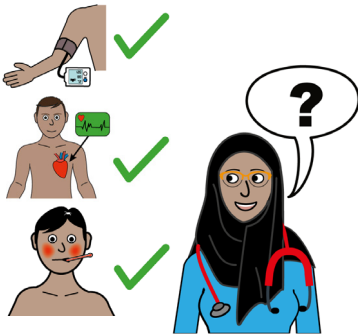
You might want to ask someone to help you read it.

recovery



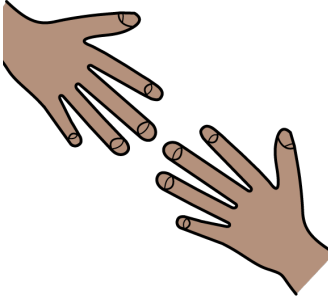
You will be taken to recovery to have a rest.

health check



The nurse will check your blood pressure, temperature and heart rate.

help



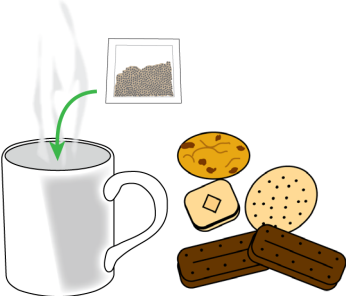
When you feel better the nurse will help you get up.

drink water



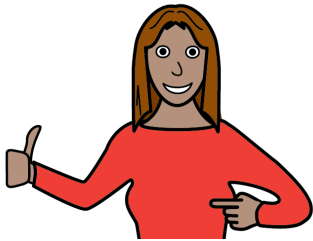
You will be offered cold water 1 hour after your test.

**cup of tea
and biscuits**



If your throat feels ok you can have a cup of tea and some biscuits.

feeling better

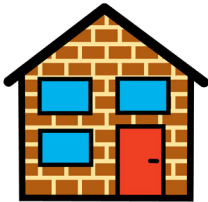


When you feel better the nurse will take you into another room.



The nurse will talk to you about the test and give you some papers.

home



You can then go home.

rest and recovery

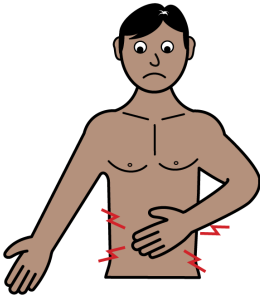


An adult should look after you for 24 hours if you have had medicine to make you sleepy.

**coughing up
blood**



tummy ache



phone



If you cough up blood.

If you get tummy pain
or feel poorly.

You should phone an
ambulance. And go to
hospital for a check up.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



© The Leeds Teaching Hospitals NHS Trust • 1st edition Ver 1.0
Developed by: Shannon Berry • Sister, Abdominal Medicine and Surgery
in conjunction with the Learning disability and Autism team.
All images / Resources Copyright © LYPFT easyonthei
Produced by: Medical Illustration Services • MID code: M20210805_009/DG

LN005097
Publication date
10/2022
Review date
10/2024