

Safeguarding - Supporting You To Be Safe

Information for service users



**TALK
TO ME,
HEAR
MY VOICE**

Staff: Please consider the service user's communication and sensory needs; an easy read version is available on the LTHT intranet and Leeds Safeguarding Adults Board internet site. Consider your service user's privacy and dignity when discussing safeguarding.

What is Adult Safeguarding?

Adult Safeguarding means supporting people to feel safe at home, protecting adults at risk from abuse or neglect.

Types of adult abuse are:

- physical
- sexual
- psychological
- financial
- neglect
- organisational
- self-neglect
- domestic abuse
- modern slavery
- discriminatory.

If you are over 18 years of age and have care and support needs - for example you are frail, have a learning or physical disability or long-term illness, a mental health condition or substance dependency, and feel you are being abused or are at risk of abuse from another person, you can seek help to stay safe.

We will listen to what you want to happen (we call this your desired outcomes). A member of the hospital staff may refer you on your behalf because you may not be able to speak up about what is happening to you. If this is the case, you have the right to have an advocate if you do not have someone to speak for you.

We aim to act on what you have told us whilst keeping you and others safe.

Sometimes this may not be possible and someone (for example a healthcare professional) may need to act in your 'best interests'. This is because it has been assessed, at this moment in time, that you do not have the mental capacity to decide this for yourself (where for reasons of health or condition, you may not be able to consider what you want to happen, or weigh up the safest options at this time).

Sometimes a concern may need to be reported without your permission, for example, if it is in your vital interests, or other people are also at risk, or it has not been safe to gain your consent - you will be told if this happens.

Dealing with allegations or concerns about abuse can be very difficult and distressing for everyone involved. Deciding what is the right thing to do can be stressful, particularly if you are unsure, or are not happy to accept support.

If you are not sure what to do, you can always seek advice from the hospital staff.

Seek advice or report abuse:

Leeds Teaching Hospitals Adult Safeguarding
(Mon-Fri) 0113 2066964

Leeds Adult Social Care
0113 2224401 / 0113 3780644 (out of hours)

We value your feedback on the safeguarding support you have been offered.

Please contact the Adult Safeguarding team, or complete your friends and family test (weblink / QR code below) to let us know about your experience.

Your experience may be used (in confidence) to help other service users.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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