

Dietary advice for patients having radiotherapy to the pelvis

Information for patients

The information on the next page aims to give you advice on preparing your bladder and bowel for your radiotherapy planning scan and for your treatment



Leeds Cancer
Centre



Keep to
your usual
mealtimes.

Eat well everyday to
maintain a regular
bowel



**Keep
hydrated**



6-8 glasses of
water per day

Cut down on
foods that
may cause
wind/gas

Avoid



Alcohol

Caffeine



Fizzy drinks

