

Waking up with a breathing tube in hospital

*(Sedation hold / Endo-Tracheal
Tube)*

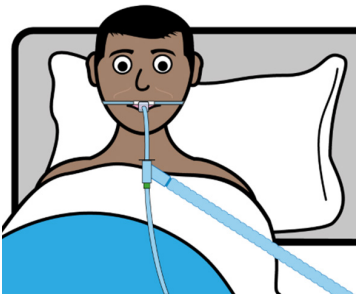
Information for patients



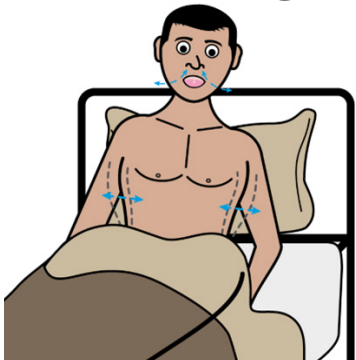
easy read



endo tracheal tube



breathing



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

There is a tube in your mouth. This tube is called an endo-tracheal tube.

It is sometimes called a breathing tube.

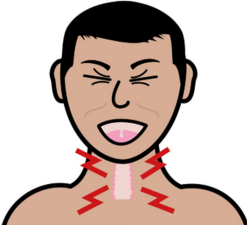
People might say you are intubated.

The tube helps you to breathe.

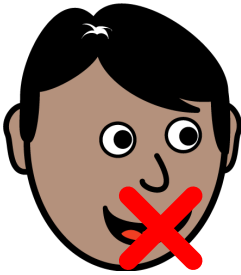
You have this tube because you have been very poorly.

It has been hard for you to breathe.

pain in throat

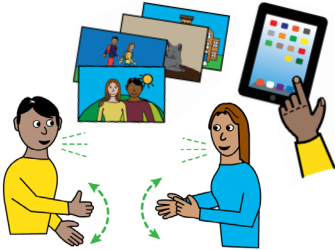


The tube might hurt your mouth and throat.



You will not be able to talk with the tube in. That is ok.

communicate



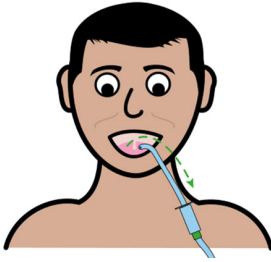
The staff on the ward will find ways to help you to communicate.



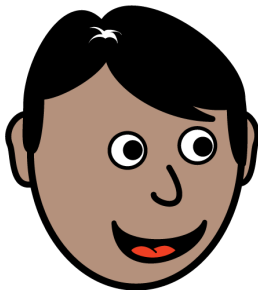
Please do not touch the tube.

You need this tube to help you to breathe and to get better

remove tube



pain in throat



The staff will take the tube out when you do not need it any more.

You might still have a sore throat. You might have a croaky voice when you try to speak.

This should get better soon.

Then you can try to talk again.

