



Hypercyanotic spell/Blue episodes

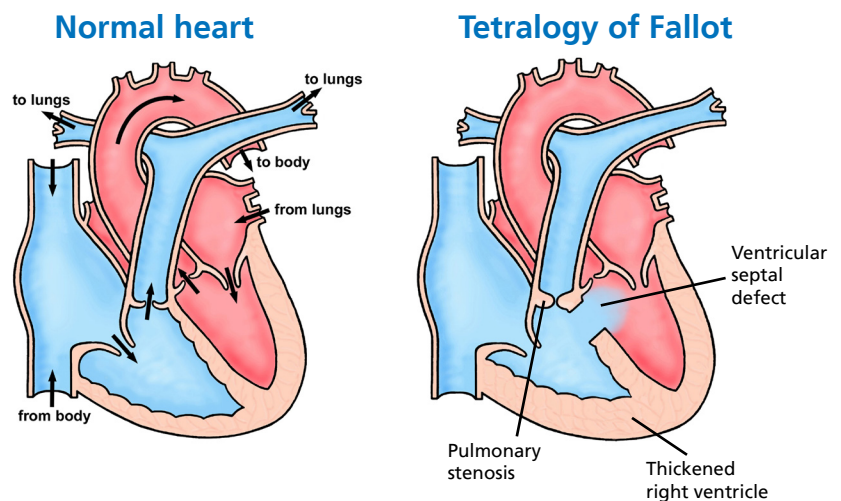
Information for Parents/Carers

..... has a diagnosis of **Tetralogy of Fallot**.

This means that they could have a hypercyanotic spell.

A typical episode will involve your baby being very upset. They will then turn very blue or purple, and become pale and floppy afterwards. This is more likely to happen if they

are unwell, especially if they are not feeding well. Some of these symptoms may be mild or less obvious, so please seek medical advice if you are unsure.



For further information go to www.leedscongenitalhearts.com
Click on 'Child', then 'Conditions' then 'Tetralogy of Fallot'

What to do if your child has a spell

1. Keep them as calm as possible. Give them a cuddle and bring their knees up to their chest.
2. If it stops quickly and your baby remains well, call the cardiac specialist nurses.
3. If your baby goes pale and floppy, loses consciousness or the spell lasts longer than one minute call 999 stating '*my child is having a hypercyanotic spell*'.

Questions

If you have any questions at all before you see the cardiology team in clinic please contact our children's cardiac nurse specialists or paediatrician at your local hospital.

Tel: 0113 392 5467 Email: ccns.lgi@nhs.net