

Wearing Mittens When You Are Very Poorly

Information for patients



easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

hospital

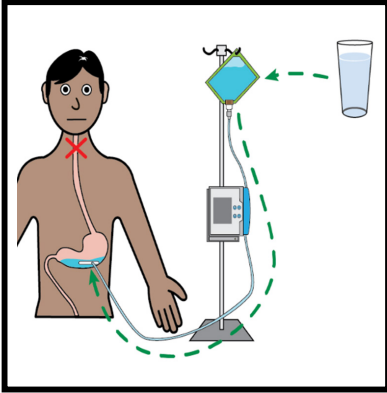


Medical staff might want you to wear mittens in hospital.



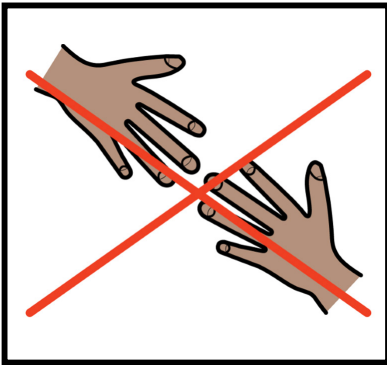
If you are poorly staff will try to help make you better.

They might put tubes on your body.



The tubes are to give you water and medicine.

They help make you better.



Don't pull the tubes, they will help you get better.



The nurses might put mittens on your hand to stop you pulling at tubes.

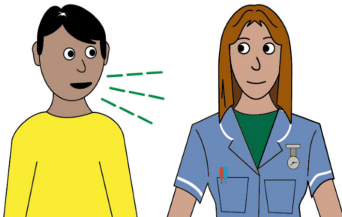
feeling better



nurse



**talk to your
nurse**



This will help you to feel better.

Your nurse will put the mittens on if needed.

You can talk to your nurse about the mittens.



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