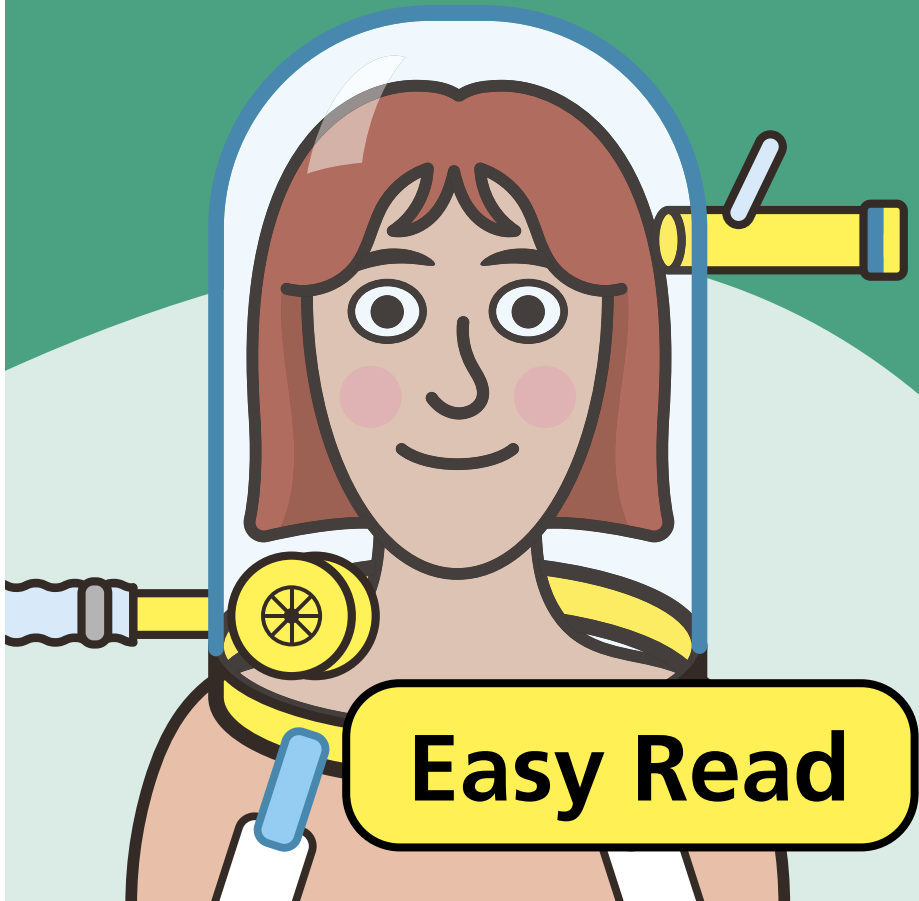


Wearing a CPAP Hood

Information for patients



easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

hospital



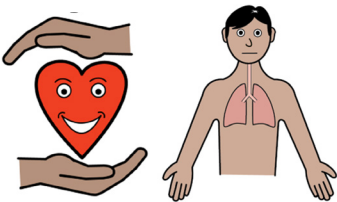
Medical staff might want you to wear a hood to help you breathe.

oxygen



This might be because your body needs more oxygen.

heart lungs



Oxygen keeps our hearts and lungs healthy.



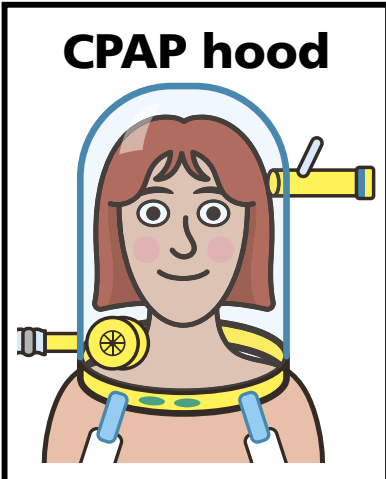
You might need oxygen if you are poorly.

feeling better



Oxygen will help you to feel better and breathe easier.

CPAP hood



People will call this a CPAP Hood and this is what it looks like.

You can breathe normally with the hood on. It might feel uncomfortable but wont hurt.

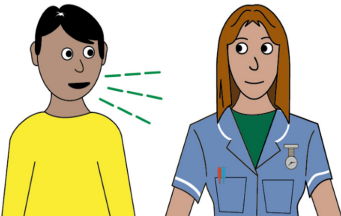
loud, noisy



nurse



**talk to your
nurse**



Air will come through the hood and you breathe it in.

It might be a bit noisy.

You must listen to staff and wear the hood when they say to.

Talk to your nurse if you are worried about your hood.



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