

# Wearing an oxygen mask

Information for patients



**Easy Read**

## easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

## hospital



Medical staff might want you to wear an oxygen mask.

## oxygen



This might be because your body needs more oxygen.

**healthy heart**



Oxygen keeps our hearts healthy.

**poorly**



You might need oxygen if you are poorly.

**feeling better**



Oxygen will help you to feel better and breathe easier.

**oxygen**



You can breathe normally with the mask on.

**loud, noisy**



Air will come through the mask and you breathe it in.

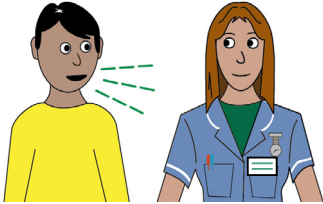
It might be a bit noisy.

**nurse**



You must listen to staff and wear the mask when they say to.

## talk to your nurse



Talk to your nurse if you are worried about your oxygen mask.

## health passport



If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on:

**leedsth-tr.lidautism@nhs.net**

## easy read leaflets



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## What did you think of your care?

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*Scan or click the QR code - Your views matter*



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