

# Wearing an oxygen mask

Information for patients



**Easy Read**

## easy read



This booklet uses easy words and pictures.

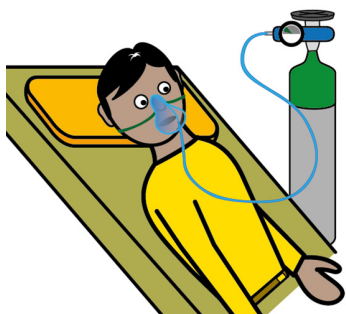
You might want to ask someone to help you read it.

## hospital



Medical staff might want you to wear an oxygen mask.

## oxygen



This might be because your body needs more oxygen.

## healthy heart



Oxygen keeps our hearts healthy.



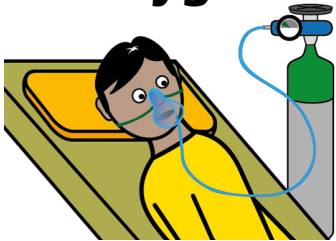
You might need oxygen if you are poorly.

## feeling better



Oxygen will help you to feel better and breathe easier.

## oxygen



You can breathe normally with the mask on.

**loud, noisy**



Air will come through the mask and you breathe it in.

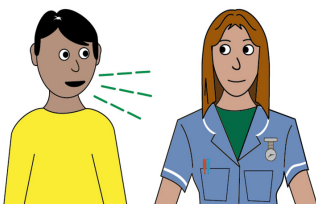
It might be a bit noisy.

**nurse**



You must listen to staff and wear the mask when they say to.

**talk to your nurse**



Talk to your nurse if you are worried about your oxygen mask.



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