

Wearing a nasal cannula

Information for patients



Easy Read

easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

hospital



Medical staff might want you to wear a nasal cannula.

nasal cannula



This might be because your body needs more oxygen.

healthy heart



Oxygen keeps our hearts healthy.



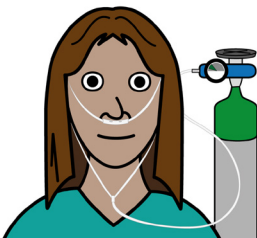
You might need oxygen if you are poorly.

feeling better



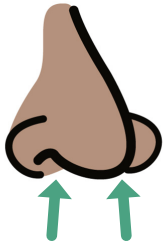
Oxygen will help you to feel better and breathe easier.

nasal cannula



You can breathe normally with the cannula on.

nose



The cannula sits just inside your nostrils.

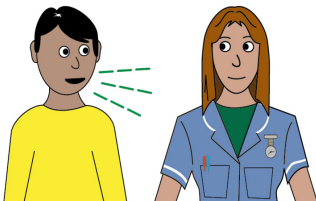
It doesn't hurt.

nurse



You must listen to staff and wear the cannula when they say to.

talk to your nurse



Talk to your nurse if you are worried about your oxygen mask.



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