

# Wearing a nasal cannula

Information for patients



**Easy Read**



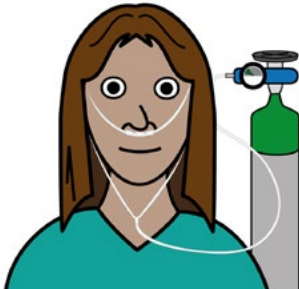
## easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

## nasal cannula



Nasal cannula are small tubes that go into your nose.

## healthy heart



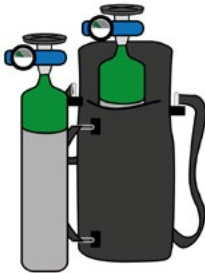
They carry oxygen from an oxygen cylinder to your nose.

You can breath this oxygen in.

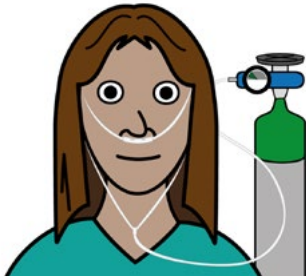
## feeling poorly



## oxygen



## nasal cannula

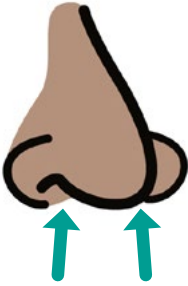


Sometimes, when you are poorly you might need more oxygen.

This is called oxygen therapy and is an important part of your treatment.

You can breathe normally with the cannula on.

**nose**



The cannula sits just inside your nostrils.

It doesn't hurt.

**do not touch**



Do not touch the tubes.

**talk to your  
nurse**



Talk to your nurse if you need help with the nasal cannula or oxygen.



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## What did you think of your care?

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*Your views matter*



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