



**The Leeds
Teaching Hospitals**
NHS Trust

Intravenous sedation

Pre-operative instructions
for patients



Leeds Dental
Institute



UNIVERSITY OF LEEDS

Please arrive promptly for your appointment.

You *must* bring a responsible, able bodied adult, who can:

- Support you if needed.
- Attend the appointment with you and wait in the waiting area throughout your appointment.
- Escort you home afterwards and arrange for you to be looked after for the following 24 hours.

If you do not attend with an escort, you will not be able to have your procedure with intravenous sedation.

Do not:

- Bring children or anyone else dependent on you or your escort with you as it is not possible for your escort to take care of you and a child, or another adult at the same time.
- Use any recreational drugs for 48 hours prior to your appointment, including cannabis.
- Consume alcohol for 24 hours prior to your appointment.

Do:

- Remove nail varnish/false nails and do not wear excessive make up or jewellery. This will allow the team to monitor you carefully while you are sedated.
- Have a light meal up to two hours before your appointment and then no food until after your appointment unless otherwise agreed with the dentist.
- Let the dentist know if you think you may be pregnant. You may need to come back to have your treatment at another time. You should let the dentist know if you are breastfeeding.

- Bring with you a list of any medicines that you are currently taking. You should take your routine medicines on the day of the procedure unless the dentist has specified otherwise at your assessment appointment. Please let the dentist know if your medical history has changed since you since your last appointment.
- Wear loose, comfortable clothing in order to allow a blood pressure cuff to be placed on your arm and flat shoes.

If you feel unwell on the day of the procedure, please telephone the Sedation Unit on the number provided below.

Please ask your escort to read these instructions.

If you do not follow these instructions then it may not be possible to proceed with treatment on the day of your appointment.

If you have any questions or concerns, then please do not hesitate to ask the dentist or dental nurse who will be more than happy to provide you with further information.

Leeds Dental Institute Sedation Unit contact telephone numbers

NORMAL WORKING HOURS:

(Monday - Friday 9:00am - 5:00pm)

Telephone Sedation Unit reception on **(0113) 343 1168** or switchboard on **(0113) 244 0111**, and ask to be put through to Sedation Unit.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter

